

ACADEMIC INTEGRITY CONT.

Getting started with MLA and Chicago A&B

This overview is intended for students who are unfamiliar with MLA and/or Chicago (A & B) citation and referencing practices, or those who are in need of a refresher.

Monday, 16 March	3:10pm - 4pm, (online)
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Practical AI

Artificial intelligence is increasingly becoming embedded in learning, teaching and everyday life. In this workshop we will explore some of the pros and cons of selected AI tools, and how to craft prompts to generate more useful responses.

Tuesday, 24 March	10am - 10:50am, (online)
Thursday, 23 April	2:10pm - 3pm (online)

Using AI ethically @ university

If you are wondering how to use artificial intelligence ethically to enhance your learning this trimester, come along to this 50-minute workshop. Hosted by Student Learning and VUWSA.

Thursday, 12 March	11am - 11:50am, (online)
Thursday, 2 April	11am - 11:50am, (online)
Thursday, 30 April	11am - 11:50am, (online)
Thursday, 14 May	11am - 11:50am, KK001

DIGITAL TOOLS

Digital tools for efficient study

Evaluate selected apps, software and online tools to enhance your time management, note-making, revision and referencing skills to enable you to take control of your studies.

Wednesday, 25 February	11am - 11:50am (online)
Tuesday, 3 March	10am - 10:50am, KK001

Excel basics

Learn the basic skills you will need to navigate and use spreadsheets with confidence. Bring your laptop (if you can).

Monday, 9 March	3:10PM - 4PM, KK001
Monday, 23 March	11am - 11:50am (online)

WORKSHOP TIMETABLE / T1, 2026

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Workshop Timetable

T1, 2026

UNDERGRADUATE

TE TAIAKO
STUDENT LEARNING
WORKSHOPS

UNDERGRADUATE

Te Taiako Student Learning

All workshops are offered **in person at different campuses** or through **Zoom**. Registration is required for all workshops. Register here: [tinyurl.com/sl-workshops](https://www.wgtn.ac.nz/student-learning/about/making-an-appointment). Zoom links will be sent before the workshops.

📍 Level 0, Kirk Building, Kelburn Parade
🌐 [wgtn.ac.nz/student-learning](https://www.wgtn.ac.nz/student-learning) student-learning@vuw.ac.nz
☎ 04 463 5999

We offer in-person appointments at different campuses. Make a booking here: <https://www.wgtn.ac.nz/student-learning/about/making-an-appointment>

Register here:



Workshops
available at:

Kelburn Campus

Online/zoom

Te Aro Campus

Pipitea Campus

WORKSHOP TIMETABLE / T1, 2026

ACADEMIC INTEGRITY AND REFERENCING

A beginner's guide to referencing

If you are new to referencing, then this is the workshop for you. You will gain a basic of overview of why and how to reference, and compare APA7, Chicago, IEEE, MLA and NZLSG referencing styles.

Thursday, 5 March	2:10pm - 3pm, (online)
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A critical thinker's guide to using AI for assignments

Sharpen your critical thinking skills through experimenting with prompts and evaluating AI outputs, so that you can make academically sound choices about when and how to use AI for assignments.

Friday, 20 March	11am - 11:50am, (online)
Monday, 13 April	11am - 11:50am, (online)

Academic integrity and referencing

Referencing is a crucial skill at university. Learn how to acknowledge your sources and use evidence to enhance your argument.

Tuesday, 3 March	3:40pm - 4:20pm, VS204
Monday, 23 March	12:40pm-1:20pm, RHMZ02
Tuesday, 14 April	11am - 11:50am, (online)
Friday, 15 May	10am - 10:50am, KK001

Advanced APA7

If you have a basic understanding of APA7 style, but are still losing marks, we can help. Explore some of the more common situations and style mistakes, and bring your questions and examples to find solutions.

Friday, 17 April	11am - 11:50am, (online)
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Getting started with APA7

This overview is intended for students who are unfamiliar with APA 7th edition citation and referencing practices, or those who have used earlier versions of APA style and are in need of a refresher.

Friday, 13 March	11am - 11:50am, (online)
Monday, 30 March	11am - 11:50am, KK001

UNDERGRADUATE WORKSHOPS / T1, 2026

WORKSHOP TIMETABLE / T1, 2026

WORKSHOP TIMETABLE / T1, 2026

STUDY SKILLS

Academic reading efficiency

Consider strategies to read selectively, purposefully and effectively to inform your academic revision and writing.

Monday, 30 March	12:40pm - 1:30pm, RHMZ02
Friday, 24 April	11am - 11:50am, KK001

Breaking the procrastination cycle

Consider your peak productivity hours and learn how to build a flexible routine that works for you.

Wednesday, 15 April	11am - 11:50am, (online)
Monday, 20 April	11am - 11:50am, KK001

Level up your study skills

Learn how to make the most of your studies by exploring practical tools and strategies that work for you and your brain.

Thursday, 26 February	1:10pm - 2pm, KK001
Thursday, 19 March	10am - 10:50am, (online)

Life management for night owls

Tap your natural talent for getting into The Zone by tweaking your habits and routines so that they support your study or research process.

Wednesday, 29 April	3:10pm - 4pm, (online)
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Managing your time and money

This workshop will help you think through how you currently spend your time and money, so that you can budget effectively to achieve your priorities.

Tuesday, 10 March	10am - 10:50am, KK001
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Note-making and note-taking strategies

Explore techniques to create notes from lectures, readings and course resources that are effective and efficient.

Monday, 16 March	12:40pm - 1:30pm, RHMZ02
Thursday, 26 March	11am - 11:50am, (online)

WORKSHOP TIMETABLE / T1, 2026

WORKSHOP TIMETABLE / T1, 2026

STUDY SKILLS

Managing your workload

Reduce the pressure of a heavy workload with a planned approach to time management. Bring your timetable and assignment due dates to develop a personalised plan.

Monday, 2 March	12:40pm - 1:30pm, RHMZ02
Friday, 6 March	10am - 10:50am, KK001
Tuesday, 10 March	3:40pm - 4:20pm, VS204
Tuesday, 17 March	11am - 11:50am, (online)

Stress-free class presentations

Come along to this workshop for tips on how to improve your presentation skills and confidence.

Tuesday, 21 April	10am - 10:50am, KK001
Monday, 4 May	11am - 11:50am, (online)

Preparing for tests and exams

Learn revision strategies and preparation techniques to approach tests and exams with confidence.

Tuesday, 12 May	11am - 11:50am, KK001
Tuesday, 2 June	11am - 11:50am, (online)

Understanding university assessment

Explore the relationship between course content and assessment, and how academic culture affects assessment and grading practices.

Friday, 27 February	11am - 11:50am, KK001
Monday, 2 March	3:10pm - 4pm, (online)
Monday, 9 March	12:40pm - 1:30pm, RHMZ02
Tuesday, 17 March	3:40pm - 4:20pm, VS204

Unlock ideas with mind mapping

Tuesday, 24 March	3:40pm - 4:20pm, VS204
Tuesday, 31 March	10am - 10:50am, KK001

WORKSHOP TIMETABLE / T1, 2026

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WRITING SKILLS

Improving your academic writing

Boost your grades with effective proofreading and editing strategies to avoid common mistakes that can be "pet hates" for markers.

Tuesday, 31 March	3:40pm - 4:20pm, VS204
Thursday, 16 April	11am - 11:50am (online)

The essay writing process

Feeling overwhelmed by your upcoming essay? This step-by-step workshop will help you analyse the assignment task, and create a plan to structure and organise your ideas.

Friday, 27 March	10am - 10:50am, KK001
Wednesday, 1 April	3:10pm - 4pm (online)

Using evidence to support your writing

Bring your assignment questions to this interactive workshop exploring different types of evidence, from academic texts to social media and personal experience, and how they can be used effectively in academic writing.

Wednesday, 22 April	11am - 11:50pm, KK001
Friday, 8 May	11am - 11:50am (online)

MĀORI AND PASIFIKA STUDENTS

Our Māori and Pasifika Learning Advisers offer customised support for Māori and Pasifika students:

- **Study skills** – navigating your study, planning your study routine, preparing for lectures and tutorials, planning assignments, thinking critically, researching, revising for tests and exams.
- **Reading skills** – reading critically with understanding, purpose and efficiency.
- **Writing skills** – lecture notes, essays, reports and presentations.

MATHS AND STATS SUPPORT

Book an appointment with a Maths & Stats Peer Adviser, for 1-on-1 support in 100 level Maths and Stats assignments.