
UNIVERSITY RECREATION NEWSLETTER

Trimester 2	July 2026
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Welcome to Trimester 2!

We hope the first half of your year has gone smoothly
and thanks for
visiting us at the Rec Centre!

We are excited to keep you in the loop with the latest
updates, upcoming events, and everything that is
happening across our spaces.

Keep reading for key updates on what's new,
important information, and upcoming
holiday closures.

Thank you for being part of our community!

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MEMBERSHIP EXPIRES
8 NOVEMBER 2026

University
Recreation
clubs | sports | fitness

RE-ORIENTATION
GYM SPECIAL

ONLY **\$109**

AVAILABLE TO PURCHASE AT KELBURN OR PIPITEA, OR SIGN-UP ONLINE AT
WGTM.AC.NZ/RECREATION

T&CS APPLY

RE-O Special

 For just \$109 up-front, students can access our fitness studio, functional training room, and group exercise classes until 8 November 2026.



On sale until 19 July 2026



Refer a friend and win!

*If you refer your friend and they sign up to our
Re-O Special membership, you'll go in the draw to win a
University Recreation prize!*

Terms and conditions apply.



SIGN UP HERE



Coming up..

Sports Leagues

UNIVERSITY RECREATION



Futsal

Monday 4-7pm
Main Gym, Kelburn

Netball

Tuesday & Wednesday
4:30-8:30pm
Main Gym, Kelburn



Indoor Football

Thursday 7-10pm
Friday 4-7pm
Boyd Wilson Arena, Kelburn



Volleyball

Thursday, 4-7pm
Main Gym, Kelburn



Basketball

Friday, 3:30-7:30pm
Sunday 1-5pm
Main Gym, Kelburn



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Tri 2 Social Sports Leagues

Registrations Open!  

Registrations are now open for Trimester 2 Social Sports Leagues!

Gather your friends and join one of our fun, social competitions in futsal, netball, volleyball, indoor football, or basketball.

Student teams are \$230, combined teams \$250, and individual registrations \$40.

Games are played on Kelburn campus over a 9-week competition.

Use the QR code to register now!

Fitness Studio Inductions

New to the gym? Join a Fitness Studio Induction!

If you're new to the gym or looking to build confidence using fitness equipment, our Fitness Studio Induction is the perfect place to start.

Led by a Fitness Advisor, this beginner-friendly session covers cardio equipment, strength and resistance machines, as well as basic gym etiquette and safety.

Spaces are limited to 8 participants per session, so get in quick!

FITNESS STUDIO

INDUCTION

20TH-31ST JULY

New to the gym? We've got you covered

LEARN HOW TO USE GYM MACHINES SAFELY AND CONFIDENTLY

- Cardio equipment
- Strength machines
- Cost? FREE!



SCAN ME TO BOOK

- FRIENDLY STAFF
- NO EXPERIENCE NEEDED
- PERFECT FOR BEGINNERS

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GROUP EXERCISE *Warrior*

JOIN UNI-REC'S CLASS ATTENDANCE CHALLENGE!

27th July – 18th August 2026



WIN A \$100 **LSKD** VOUCHER!

HOW MANY CLASSES CAN YOU ATTEND?

ONE CARD = ONE ENTRY



Group Exercise Warrior is back!

Think you've got what it takes to become a Group Exercise Warrior? Join our 3-week challenge and get rewarded for showing up to your workouts.

Attend Group Exercise classes, collect stamps, fill your stamp card, and go in the draw to win prizes.

The more you show up, and the more cards you fill out, the more chances you have to win!



Grand Prize: \$100 LSKD Voucher



Spot prizes up for grabs throughout the challenge

When:



27 July - 18 August

Where:



Kelburn Recreation Centre
& Pipitea Fitness

Sign up at reception and grab your stamp card to get started. Let's see how many classes you can smash out!

Trimester 2 & 3

Group Exercise Timetable

See below our updated GE timetable for Trimesters 2 & 3.

These classes can be accessed on our Group Exercise and Combo memberships – please remember to bring your ID card to every class as we may randomly conduct membership checks.

UNIVERSITY RECREATION

KELBURN CAMPUS

Trimester 2 Timetable: Monday 6th July - Sunday 14 February 2027

MONDAY
12pm Pilates
1pm **Dance Party**
4pm Spin
5pm Yoga
6pm StrongFit

TUESDAY
7am Beginner Yoga
12pm Pilates
1pm Yoga
4pm **BoxFit**
5pm StrongFit
6pm **Yoga**

WEDNESDAY
7am **Yoga**
12pm Yin Yoga
1pm **Staff Yoga**
4pm Yoga
5pm Dance Party

THURSDAY
7am Pilates
12pm Barre
1pm Pilates
4pm Spin
5pm **BoxFit**
6pm **Yoga**

FRIDAY
7am Yin Yoga
12pm Yoga
4pm Pump
5pm Dance Party

SATURDAY
9.20am Yoga
10.30am Pump

SUNDAY
11am Yin Yoga
3pm **Spin**

PIPITEA CAMPUS

MONDAY
12.30pm Pilates
4.40pm **Dance Party**

TUESDAY
12.30pm HIIT
4.40pm Pilates

WEDNESDAY
12.30pm Pilates
4.40pm **Yoga**
5.40pm Pump

THURSDAY
12.30pm HIIT30
4.40pm Pilates

FRIDAY
12.30pm Pilates

Off Peak Timetable: Monday 12th October - Sunday 14th February 2027

class schedule

CLASSES IN RED

Classes in red are not available in off peak periods. Reduced timetable during this period.

FOR MORE INFORMATION PLEASE VISIT

WWW.WGTN.AC.NZ/RECREATION

Email: university-recreation@uw.ac.nz

Phone: 04 463 6614

f @University Recreation Wellington

📱 @unirec_wgtn

Updated opening hours

OPERATING HOURS

MON - THURS

6AM - 10:30PM

FRI

6AM - 8PM

SAT - SUN

9AM - 6PM

OPERATING HOURS UNTIL 11 OCTOBER

MATARIKI CLOSURE

Please note that both Kelburn Recreation Centre and Pipitea Fitness will be closed on **Friday, 10 July 2026** for the Matariki public holiday.

We will reopen with our normal operating hours on
Saturday, 11 July 2026.

Matariki is a time to reflect, reconnect, and look ahead.
We wish all our members and community a safe and
meaningful holiday.



Learn more about
Matariki here ★

THANK YOU

Our friendly team is always here to support you – whether you are chasing fitness goals, looking after your well-being, or just enjoying some sunshine in between studying.

We wish you all the best for the remainder of the year.
Keep moving, stay well and don't forget to take time for yourself as the days get longer and brighter!

Thank you for the continued support of our services,

The University Recreation Team

University Recreation

+64 4 463 6614

✉ university-recreation@vuw.ac.nz

Te Herenga Waka – Victoria University
of Wellington

+64 4 472 1000 or
0800 VICTORIA (542 567)

✉ info@wgtn.ac.nz

Get in touch



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