

Teaching

The Victoria Clinic provides practical experience under qualified supervision for trainee clinical psychology students from the Victoria University School of Psychology clinical programme.

You will be asked for your permission to have students involved in the assessment or therapy provided.

Sessions at the Clinic are routinely videotaped for training and teaching purposes.

Initial Appointment

Date _____

Time _____

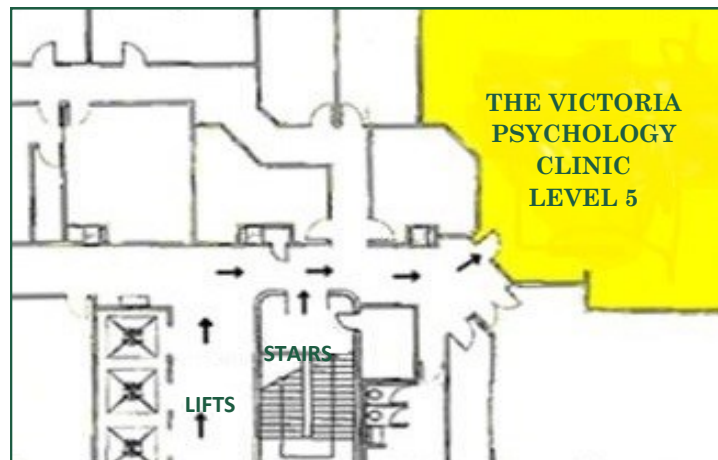
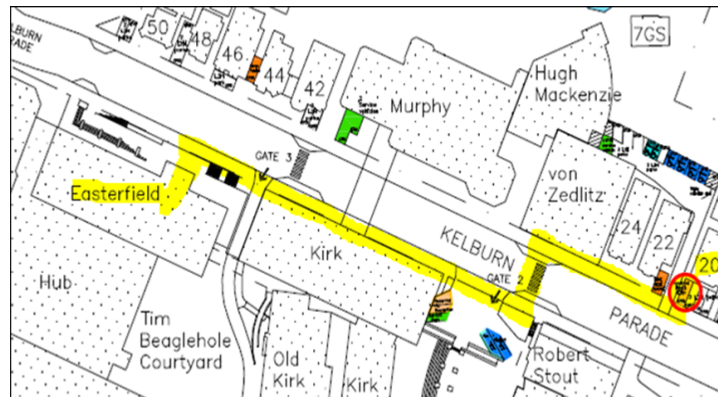
Supervising Psychologist

Student Psychologist

Location

The Victoria Psychology Clinic is located on Level 5 of the Easterfield Building, Kelburn Parade.

There is a car park reserved for clients attending the Clinic, located at 20 Kelburn Parade. Please check with your clinician if you would like to use the car park.



The Victoria Psychology Clinic is the training facility for the Clinical Psychology Programme at Victoria University, Wellington.

Its purpose is to provide psychological services to the community and to train postgraduate clinical psychology students.

The Clinic is staffed by postgraduate clinical psychology interns and trainees under the supervision of experienced clinical psychologists.

Opening Hours:

Monday to Friday
9:00 am - 5:00 pm

Phone: 04 463 6400

Email: psychclinic@vuw.ac.nz

The Victoria Psychology Clinic

What does the Clinic offer?

The clinic offers assessment and therapy for a wide range of mild to moderate problems.

Referrals will be screened by Clinic Staff members to ensure they are suitable for a Clinical Psychology Trainee.

Services are available to adults, children and their families.

The clinic will offer services for:

- anxiety and phobias
- depression
- stress management and life changes
- developmental concerns
- behavioural problems
- sleep problems
- relationship issues including family and parent/child relationships
- parenting and parent support

How do you make an appointment?

The clinic accepts self-referrals.

During our initial discussion we will consider whether we are the most appropriate service or whether another service might be more suitable.

To make an inquiry please contact the Clinic by:

phone: 04 463 6400

email: psychclinic@vuw.ac.nz

Confidentiality

The Victoria Psychology Clinic ensures that client confidentiality is maintained at all times.

Information is only shared outside the Clinic with permission from clients or if there are concerns about someone's safety.

Research

From time to time the Victoria Psychology Clinic is involved in research projects. Clients may be asked to give permission to participate anonymously in such research. Permission is voluntary and deciding not to participate in research will not affect services a client is offered at the Clinic

Fees

As the Clinic is a training centre we have structured our fees accordingly.

Fees for waged clients are \$60 per session.

Fees for non-waged / students are \$20 per session.

If you have a community services card you may be eligible for financial assistance to pay for your sessions. Please discuss this option with your clinician.

Payment at the end of each session is desirable.

The fee for a cognitive/learning assessment is \$350. Payment is required prior to feedback of the results of the assessment.

Payment

Payment can be made by cash or EFTPOS at the clinic, or via internet banking.

Account details:

ANZ-Victoria University Account

06-0606-0100241-00.

Please use your name and 'Psychology Clinic' for reference.

Cancellations

If you need to cancel an appointment that has already been made for you, please contact us at least 24 hours before the time of your appointment.