

## Hacky sack

The material in this document is cited directly from the material supplied by school students in response to Section 7 of the original questionnaire.

R4

**Hacky Sack Brand:** You have a little bean bag and you hit it with your body but not with your hands. If you do a self-serve or drop it, you get a brand from everybody.

V8 – AK18

## Stall

**Half foley** [? = half volley]

**Back-buster:** is when you catch the ball on your back.

“If the ball goes between your legs, your partner can **brandie** you which is where you throw the ball at the person as hard as you like”

W8 – AK43

“You have a **hacky** and hit it between friends. There are no particular words you use, because you don’t say much. You’re concentrating on hitting the hacky. No rhymes.”

“How to play the game: Someone thrown **the hacky** at someone else in the circle and they hit it to someone with their head, leg, knee, foot but not your hands or arms. Words: none. Rhymes: none.”

“There is a circle of people and there is a small sack full of plastic balls or wheat or something. All the people kick it round with their feet and knees. They all try to do tricky moves and **stalls**. Words used: **Knee – toe, toe – knee, stall, hackey, hackage, reversal**. Rules: No saying sorry!!; no using hands unless serving; no self serves; no walking through a hacky circle; don’t take your eyes off the hack. If you break these rules you get **brandied** [sic] with **the hack** or get slapped on the back by everyone playing. Brandied means that someone throws the ball or hack in this case at someone or something as hard as they can.”

Q2

“People are in any shape and without using your hands you keep the sack off the ground by passing it around. They do different moves with the hacky sack passing it around.”

“Hacky: **Over the rainbow:** You kick it over your head and carry on.”

V8 – AK30

**Hacky Trick-rolly:** where you roll **the hacky** onto your toes, flick it up and catch it on the back of your neck

**Deep sea:** where you knee the hacky and catch it on the side of your foot while on the ground.

a12

Hacky sac is called hacky.

b16 – HS1

**Hacky**

Sumck roll [sic: ?stomach?]

V21 – WN4

**Jester:** A jester is when any foot is lifted to about knee height and the centre of the foot is to hit the sack while carrying on with the game. {Diagram included}

V21 – WN22

**Head it**

**Diamond catch**

**Rats hole**

**Back flip**

**Kneeze**

**Toe catch**

**Knee cramp**

P27

Hacky: kicking **hacky** to others

O28 – CH5

Some people with hacky sacks have tricks called “**The flick**” and “**nudge**”.

O28 – CH8

Hacky-sack: **hacky**

E31

“We play **hackey** with about 4-6 people. Sometimes we play with the ball allowed to bounce once on the ground, this is called “**One-bounce Hackey**”. If a player touches the sac with their hand we can ‘**brand**’ them, which is chucking the sac at the player.”

“I call the sak **a sakshle**” [?satchel]

H35

“**Hacky:** Hacky is a game where you have a soft ball and you have to kick it around the group. You can use every part of your body apart from your hands. When everyone has touched it, it is **a hacky**.”

G36

“Hacky sack: to play hacky sack you need two or more people and a small ball or hacky sack. You are not allowed to drop the ball or hacky sack and you are not allowed to touch the ball or hacky sack with your hands but you can: **Head it, Kick it, Knee it, Chest it, and Back Foot Kick.**”

C37 – IV1

**High tail:** hit with leg, head etc.

A group of people in ‘all around’ hacky.