

WHERE CAN

HEALTH

TAKE YOU?

People who work in the health sector make a real difference to people's lives. It takes all sorts of skills to support good health and wellbeing in our communities and the sector extends far beyond nurses, midwives and doctors. There are a range of career pathways where you can pursue your passion for improving lives and reducing health inequities in Aotearoa.

HEALTH PROMOTER

Health promoters work with diverse communities, groups, iwi, and agencies to develop and implement strategies to maintain and improve people's physical and mental health and wellbeing. Health promoters help advocate for policies underpinned by Te Tiriti o Waitangi that enable all New Zealanders to live healthy lives.

HEALTH RESEARCHER

Health researchers explore specialist areas of health in depth. Research can inform our understanding of what produces health and wellbeing as well as guide practices, policy, and guidelines.

HEALTH POLICY ANALYST

Policy analysts with a health background gather and analyse information, data, and insights to help inform decision-making about effective, efficient, sustainable, and equitable policy options for government or industry in relation to individual, community, and population health and wellbeing.

HEALTH NAVIGATOR

Health navigators work with people and groups to help them overcome hardship and access social services and support.

HEALTH INFORMATION TECHNOLOGY

Our health system needs solid information technology (IT) solutions and systems in order to thrive. There are lots of career pathways in health IT—from business analyst to IT developer.

HEALTH PSYCHOLOGY ROLES

Health psychology roles focus on things that keep people healthy and prevent them from getting ill, such as coping with stress, engaging in healthy behaviour like exercise, and reducing risky behaviour like smoking. They develop strategies to influence change in individuals, groups, whānau, and communities.

FIND OUT MORE ABOUT WHERE HEALTH

CAN TAKE YOU: [▶ wgtn.ac.nz/health](https://www.wgtn.ac.nz/health)



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