



PAPER OUTLINE 2012

Paper Code & Title: NZSM 522 *Music Therapy Methods*
Year: 2012 **Points:** 30
CRN: 14293 **Trimester:** 1 **Campus:** NZSM - Massey Mt Cook
Prerequisites: NZSM 520
Corequisites: NZSM 520
Restrictions: 133.798

Key dates: Teaching dates: 5 March–8 June 2012
 Mid-trimester break: 6–22 April 2012
 Study week: 11–15 June 2012
 Exam/Assessment period: 15 June–4 July 2012
 (where applicable) *NB: For courses with exams, students must be available to attend the exam at any time during this period.*
Final assessment due date: 18th & 19th June, by appointment
Withdrawal dates: 16 March 2012
You can withdraw from this course on or before this date with full refund of the course fee by completing an FHSS Change of Course form. After this date, a Fee Reconsideration will only be granted in exceptional circumstances. Information on withdrawals and refunds may be found at:
<http://www.victoria.ac.nz/home/admisenrol/payments/witdrawlsrefunds.aspx>
Note that both late withdrawal and course failure may affect your Studylink eligibility. See below for more details.

Course Coordinator: Daphne Rickson
Contact phone: 04 463 5233 x 35808 **Email:** daphne.rickson@nzsm.ac.nz
Office located at: 1D11, Mt Cook Campus
Office hours: Tuesday 1-5pm; Thursday 1-5pm; by appointment
Class times/rooms: Monday, 9:00am–11.50am; 1pm-3pm (Room MUW1D11)
Tuesday, 9:00am–11:50am (Room MUW1D11)

PAPER PRESCRIPTION

Preparation and performance of appropriate repertoire with technical and musical mastery in situations relevant to music therapy. Improvisation styles, development of the voice for the music therapy context and receptive music therapy methods.

COURSE CONTENT & DELIVERY

This course comprises one 5-hour class (with lunch break) and one 3-hour class per week.

See attached course syllabus for more information.

READINGS, MATERIALS & EQUIPMENT

Essential texts:

Recommended reading:

- Aldridge, D., & Fachner, J. (Eds.). (2010). *Music therapy and addictions*. London: Jessica Kingsley.
- Baxter, H. T., Berghofer, J. A., MacEwan, L., Nelson, J., Peters, K., & Roberts, P. (2007). *The Individualised Music Therapy Assessment Profile*. London and Philadelphia: Jessica Kingsley Publishers.
- Gilbertson, S., & Aldridge, D. (2008). *Music Therapy and Traumatic Brain Injury. A Light on a Dark Night*. London: Jessica Kingsley.
- Gardstrom, S. C. (2007). *Music therapy improvisation for groups: Essential leadership competencies*. Barcelona: Gilsum, N.H.
- Goodman, K. D. (2007). *Music Therapy Groupwork with Special Needs Children*. Springfield, Illinois: Charles C. Thomas Publisher, Ltd.
- Grocke, D., & Wigram, T. (2007). *Receptive methods in music therapy: Techniques and clinical applications for clinicians, researchers, educators and students*. London: Jessica Kingsley.
- McFerran, K. (2010). *Adolescents, music and music therapy: Methods and techniques for clinicians, educators and students*. London: Jessica Kingsley.
- Stige, B. (2010). *Where music helps: community music therapy in action and reflection*. Farnham, England: Ashgate Publishers.
- Stige, B., & Aaro, L. E. (2012). *Invitation to community music therapy*. New York, NY: Routledge.
- Wheeler, B. L., Shultis, C. L., & Polen, D. W. (2005). *Clinical training guide for the student music therapist*. Gilsum, N.H. : Barcelona Pub.
- Tomlinson, J., Derrington, P., & Oldfield, A. (2012). *Music therapy in schools: working with children of all ages in mainstream and special education*. London: Jessica Kingsley.
- Wigram, T. (2004). *Improvisation. Methods and Techniques for Music Therapy Clinicians, Educators and Students*. London: Jessica Kingsley.
- Wigram, T. (2004). *Improvisation. Methods and Techniques for Music Therapy Clinicians, Educators and Students*. London: Jessica Kingsley.
- New and second-hand books can be purchased online from <http://www.amazon.com/books-used-books-textbooks>; or <http://www.fishpond.co.nz>. Copies are also available for borrowing from Massey University Library.

Other Materials Required for Class:

- Folder for Music Resources
- Notebook to use as a 'Reflective Diary'
- Manuscript Paper
- Readings will also be drawn from the professional music therapy and related literature including text and journals – students will be required to photocopy material from time to time.

(If possible, please bring with you a facility for recording music, e.g. 'Ipod' plus microphone; minidisk, good quality Dictaphone etc.)

LEARNING OUTCOMES

Students who have successfully completed this paper will:

1. Select, create and improvise performance material to advance therapeutic relationships
2. Practise as competent, ethical and clinically safe student music therapist in a pre-practicum setting
3. Develop clinical skills to work with clients of various age groups and needs areas to achieve therapeutic outcomes for individual and/ or groups either within a multidisciplinary health/education team or in carrying out a particular music therapy programme
4. Understand developmental, cognitive and psychodynamic theories in music therapy
5. Apply insights and new learning to their own music therapy practice, and evaluate and reflect upon the process and effects.
6. Perform music, and involve clients, in a variety of therapeutic situations at an appropriate standard on their chosen instrument and demonstrate competence on other instruments, including voice, keyboard, and guitar

ASSESSMENT REQUIREMENTS

Approved assessment regime

The following assessment regime for this paper has been approved by the NZSM Academic Committee:

Assessment details for this offering

Assessment will include four clinical music therapy competency demonstrations increasing in complexity, plus a final examination. Each assessment has aspects that relate to all learning outcomes (1-6).

The assessments will take place on 19th March, 2nd April, 30th April, and 21st May. A written music therapy session outline up to 1000 words relevant to requirements must be handed in by 5pm the day prior to each assessment presentation. Students will demonstrate competency in choosing, adapting and facilitating music to meet the needs of a specified music therapy participant (Full details of assessments will be provided on the first day of class). Each demonstration is worth 12.5%, and all four total 50%, of the final grade. Presentations will be internally examined and moderated.

The final examination is a comprehensive pre-practicum audition (LOs 1-6) and interview (LOs 2, 4, 5). Examinations will take place in the week beginning 18th June. Each student must hand in a portfolio of music for music therapy (at least 30 pieces), by 5pm on Friday 15th June. In addition, using their own improvisation diaries as a resource, students will be required to write a short paper (approximately 1000 words) describing their personal journey through the group improvisation process OR can hand in the diary in for examiners to peruse. The paper or diary is also to be handed in by 5pm on Friday 15th June. Students will demonstrate competence and readiness to enter their first music therapy practicum (Full details will be provided on the first day of class). The audition is worth 30% of total paper grade (students must achieve 15/30 to pass) and the interview is worth 20% of total paper grade (students must achieve 10/20 to pass). This assessment will therefore total 50% of the final grade. This audition/interview will be internally and externally examined, and internally moderated.

- **For performance papers assessed by recitals, an aegrotat cannot apply. Instead, the student (with the written approval of the teacher) must apply to the Director NZSM to have his/her assessment delayed. Any such delayed assessment must be completed prior to the start of the following trimester.**

<i>Assessment name</i>	<i>Word length / duration</i>	<i>Learning outcome(s)</i>	<i>Due date</i>	<i>% of final grade</i>
Clinical music therapy competency demonstration 1	Written component: 1000 words	1 – 6	19 th March	12.5%
Clinical music therapy competency demonstration 2	Written component: 1000 words	1 – 6	2 nd April	12.5%
Clinical music therapy competency demonstration 3	Written component: 1000 words	1 – 6	30 th April	12.5%
Clinical music therapy competency demonstration 4	Written component: 1000 words	1 – 6	21st May	12.5%
Pre-practicum audition and interview	30 pieces of music, 1 hour examination, written component 1000 words	1 - 6	18 th or 19 th June (by appointment)	50%

PENALTIES

Assignments must be submitted by the due dates. In fairness to other students, unless a medical certificate is produced, assessment submitted after 5pm on the due date will be subject to a 5% demerit on your grade, increasing by 5% each further working day it is overdue.

Students, who for exceptional reasons can justify an extension for an item of assessment, must apply to the Course Coordinator *before* the due date. Please note that no extensions can be granted for tutorial assignments.

ASSIGNMENT PRESENTATION

Written work should be presented according to the guidelines set out in the **NZSM Guidelines for Academic Work**, which can be downloaded as a PDF document from the NZSM Website <http://www.nzsm.ac.nz/study/programmes.aspx> (in the right-hand column). Five percent (5%) will be deducted for written work that does not conform to these standards.

NB: However, music therapy students generally present references in accordance with APA style and use Massey University 'Guide to the presentation of theses'; and this issue has been agreed with the NZSM academic committee. Please consult the programme leader if you have any uncertainty about this.

MANDATORY PAPER REQUIREMENTS

Each student must:

- a) Complete each item of assessment worth at least 10% specified for this course (subject to penalties for late submission of work).
- b) Attend at least 80% of lectures and 80% of tutorials (if relevant) related to this course.

If for health reasons you are unable to complete all the work required for assessment purposes for this paper by 4 July, you may, on presentation of a medical certificate, have the date for submission extended by the Director, NZSM.

DEPOSIT AND COLLECTION OF ASSESSMENT

Assignments should be deposited in box marked 'Music Therapy Assessed Work' situated by the office door in Room 1D11. If assignments are due on a day when staff members are not available to receive them, please leave them with Sarah Smythe, Programme Administrator or other staff in the NZSM Office.

Marked assignments will be returned to the Music Therapy Assessed Work Box, or may be collected directly from the Paper Coordinator/ Lecturer.

SCALING OF GRADES

To obtain a fair distribution of marks relative to assignment difficulty, scaling may be employed on some or all assessment items in accordance with guidelines set out in the VUW Assessment Handbook:

http://www.victoria.ac.nz/home/about_victoria/avcacademic/publications/assessment-handbook.pdf

ACADEMIC PROGRESS, NON-ENGAGEMENT & STUDENT LOAN ELIGIBILITY

All NZSM students are bound by the VUW Academic Progress Statute. VUW manages the enrolment of students who are not making satisfactory academic progress by:

- restricting the number of courses that students may enrol in, and/or
- requiring students to meet certain conditions.

Students whose academic progress continues to be unsatisfactory may be suspended for a specified period. Students who return after suspension and whose academic progress remains unsatisfactory may be excluded from the University.

Any student who is enrolled in more than two courses in a trimester and achieves E grades in all courses will be considered "non-engaged". The University can suspend or exclude such students. For full details about restrictions and conditions refer to:

<http://www.victoria.ac.nz/home/study/academic-progress.aspx>

Also, please note that students will be required to pass at least half of their courses in order to continue to qualify for a student loan. For more information see:

<http://www.victoria.ac.nz/home/admisenrol/payments/performance-criteria.aspx>

EXPECTED WORKLOAD

A 30-point first-trimester paper should require at least 300 hours work (including class time). This means that in term time, the midterm break and study week you should be prepared to spend on average 20 hours per week involved in activities such as attending classes, reading, listening to recommended recordings and preparing assignments.

COMMUNICATION OF ADDITIONAL INFORMATION

Official notices issued after the paper has commenced will be posted on the board outside the NZSM office on the Mt Cook campus. Notices concerning a number of papers will also be posted on Blackboard. The Course Coordinator will specify if Blackboard will be used.

STUDENT REPRESENTATIVES

Student representatives for the NZSM are elected in the first week of the trimester, and their names and contact details will be available to VUWSA and/or MAWSA, the Course Coordinator and to each class.

ACADEMIC INTEGRITY AND PLAGIARISM

Academic integrity means that university staff and students, in their teaching and learning, are expected to treat others honestly, fairly and with respect at all times. It is not acceptable to mistreat academic, intellectual or creative work that has been done by other people by representing it as your own original work.

Academic integrity is important because it is the core value on which the school's learning, teaching and research activities are based. The NZSM's reputation for academic integrity adds value to your qualification.

The NZSM defines plagiarism as presenting someone else's work as if it were your own, whether you mean to or not. 'Someone else's work' means anything that is not your own idea. Even if it is presented in your own style, you must acknowledge your sources fully and appropriately. This includes:

- Material from books, journals or any other printed source
- The work of other students or staff
- Information from the internet
- Software programs and other electronic material
- Designs and ideas
- The organisation or structuring of any such material

Find out more about plagiarism, how to avoid it and penalties, on the NZSM website: <http://www.nzsm.ac.nz/about/statutes-policies.aspx#plagiarism>

GENERAL NZSM POLICIES AND STATUTES

Students should familiarise themselves with the NZSM's policies and statutes, especially those regarding Personal Courses of Study, Academic Grievances, Staff and Student Conduct. Please see <http://www.nzsm.ac.nz/about/statutes-policies.aspx>

For any statutes relating to the particular qualifications being studied, see either the Massey University Calendar or the Victoria University Calendar.

Information about Student Services, including Academic Mentoring for Māori and Pasifika Students, and support for Students with Disabilities, is to be found in the NZSM Student Handbook (available from the NZSM offices on each campus).

HUMAN ETHICS GUIDELINES

Any student assessment or project at any level that involves human subjects (including the documenting, interviewing and recording of information from people) must follow ethics guidelines. For courses in Music Therapy, students must follow Massey University Ethics guidelines. For all other courses, students must follow VUW Ethics Guidelines. For information and assistance as it relates to your course, consult first with your Course Coordinator. Guidelines are given at these URLs:

- <http://www.victoria.ac.nz/fgr/current-phd/ethics.aspx>
- <http://www.massey.ac.nz/massey/research/research-ethics/human-ethics/>

WHERE TO FIND MORE DETAILED INFORMATION

As Victoria University of Wellington is the Institute of Enrolment for the NZSM, further detailed information about dates, grades, enrolment procedures and qualification status can be found on their website:

- Student grades, academic profile, academic timetable, campus announcements, etc.:
 - my.vuw.ac.nz
- Key dates, explanations of grades, plagiarism:
 - www.victoria.ac.nz/home/study
- Monitoring of academic progress, and how enrolment can be restricted:
 - www.victoria.ac.nz/home/study/academic-progress
- Course withdrawal, degree planning, credit transfer and academic transcripts:
 - www.victoria.ac.nz/fhss/student-admin/faqs.aspx

EVENTS

Regular events are held during trimesters 1 & 2 at all NZSM campuses. These events are for the benefit of all students, and include performances, masterclasses, special lectures and workshops given by staff, students and visiting artists.

All students are expected to keep time free to attend the weekly lunchtime concert on Friday at 12.10pm, along with other events as required.

Students should sign up to the **Dawn Chorus**, the NZSM's events e-newsletter, by emailing events@nzsm.ac.nz with "subscribe dawn chorus" in the subject line.

Music Forum will take place every Friday from 1:30pm-3:00pm. It will normally take place in Room 209, Kelburn Campus, but will take place on selected Fridays at Mt Cook, location to be announced.

Events & Marketing Coordinator: Stephen Gibbs

Phone: (04) 801 5799 ext 62119 **Email:** stephen.gibbs@nzsm.ac.nz

Website: <http://www.nzsm.ac.nz/events/>