

Biomedical understanding of long COVID

[Key Publications for ME/CFS & Long Covid](#), collated by Dr David Davies-Payne

The lack of evidence for “Brain Retaining” methods

[Trial By Error: New Hyped-Up Lightning Process Study from New Zealand](#)
[Quality evidence lacking for Lightning Process for long COVID \(NZ Doctor\)](#)

Helpful Questionnaires

[Good Day/Bad Day Questionnaire](#)
[Functional Capacity Questionnaire](#)

Management of long COVID

[COVID-19 rapid guideline: managing the long-term effects of COVID-19 \(NICE\)](#)
[Multidisciplinary collaborative guidance on the assessment and treatment of patients with Long COVID](#)

Information for Health Professionals (long COVID)

[GP Leaflet \(Long COVID SOS\)](#)
[WHO: Post COVID-19 condition \(long COVID\)](#)
[Long COVID: a clinical update \(T Greenhalgh in The Lancet\)](#)

Links from Aotearoa New Zealand

[Models of Care for People Living with Long COVID: Evidence brief \(Office of the Chief Science Advisor\)](#)
[Clinical rehabilitation guideline for people with long COVID in Aotearoa New Zealand](#)
[SNOMED CT codes for long COVID \(Te Whatu Ora\)](#)

Pharmacological interventions

[Dosing for Low-dose Naltrexone](#)

Miscellaneous

[Long COVID Kids: Information for Health and Social Care Professionals](#)
[Long COVID Treatment Guide: A Collaboration between Patient-Led Research Collaborative and RTHM](#)