 Allocating your time

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Time** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| 7am | 7am | 7am | 7am | 7am | 7am | 7am | 7am |
| 8am | 8am | 8am | 8am | 8am | 8am | 8am | 8am |
| 9am | 9am | 9am | 9am | 9am | 9am | 9am | 9am |
| 10am | 10am | 10am | 10am | 10am | 10am | 10am | 10am |
| 11am | 11am | 11am | 11am | 11am | 11am | 11am | 11am |
| 12 noon | 12 noon | 12 noon | 12 noon | 12 noon | 12 noon | 12 noon | 12 noon |
| 1pm | 1pm | 1pm | 1pm | 1pm | 1pm | 1pm | 1pm |
| 2pm | 2pm | 2pm | 2pm | 2pm | 2pm | 2pm | 2pm |
| 3pm | 3pm | 3pm | 3pm | 3pm | 3pm | 3pm | 3pm |
| 4pm | 4pm | 4pm | 4pm | 4pm | 4pm | 4pm | 4pm |
| 5pm | 5pm | 5pm | 5pm | 5pm | 5pm | 5pm | 5pm |
| 6pm | 6pm | 6pm | 6pm | 6pm | 6pm | 6pm | 6pm |
| 7pm | 7pm | 7pm | 7pm | 7pm | 7pm | 7pm | 7pm |
| 8pm | 8pm | 8pm | 8pm | 8pm | 8pm | 8pm | 8pm |
| 9pm | 9pm | 9pm | 9pm | 9pm | 9pm | 9pm | 9pm |
| 10 pm | 10 pm | 10 pm | 10 pm | 10 pm | 10 pm | 10 pm | 10 pm |
| 11 pm | 11 pm | 11 pm | 11 pm | 11 pm | 11 pm | 11 pm | 11 pm |