

Take a photo at the top of each of the following peaks, upload to Instagram using the hashtag #4peaks4weeks, and be in to win!

Check out directions and more details below. Best of luck!

Peak #1 - Mount Kaukau

The Route: Start at Simla Crescent Khandallah. Follow the Northern Walkway from the entrance to Khandallah Park to the summit of Mt Kaukau. Continue all the way to the top. At the summit, the Northern Walkway joins the Skyline Walkway. You will now be walking on a 4WD track towards Sirsi Terrace. Stay on the 4WD track until you come to a sign pointing to the swimming pool. Head back into the pines down a flight of steps. This track will take you back to the parking area behind the Khandallah Swimming Pool in Woodmancote Road. Walk past the playground in the park and take the walkway to Clark Street. From the car park in Clark Street follow the signs back into the bush and returning to Simla Crescent.

How to get there: Catch the number 25 bus to Clutha Avenue in Khandallah, or the Johnsonville Line train to Simla Crescent.

Duration: 1 hour

Peak # 2 - Mount Victoria

The Route: Starting at Charles Plimmer Park at the top of Majoribanks Street, the walk goes on the Hataitai to City Walkway. The walk then joins on to the Southern Walkway to the top of Mount Alfred then onto the Newtown to Hataitai Walkway and back to the city. Start from the flat field at Charles Plimmer Park at the top of Majoribanks Street, Mt Victoria. Head off on the Hataitai to City Walkway towards Hataitai. Follow this walkway to Alexandra Road and then join the Southern Walkway to the top of Mt Alfred. Continue until you see the mountain bike skills area in an open field. From the asphalt path take the track that heads north into the trees until you come out on to a grass slope. Turn left and walk past the gum trees and back up the hill to join a track leading to the Newtown to Hataitai Walkway. Head towards Hataitai. Walk past the Hataitai Velodrome and back on to the Hataitai to City Walkway heading to the city. You will cross Alexandra Road again and then join the Southern Walkway heading to the Mt Victoria lookout. Continue until you meet the Summit Walkway. Head downhill towards the city. This will take you back to the start at Charles Plimmer Park.

How to get there: Go Wellington bus no. 24 to Hawker Street at the corner of Marjoribanks Street and walk up to the start at Charles Plimmer Park.

Duration: 2 hours

Peak # 3 - Tinakori Hill

The Route: This loop walk starts at the Scout Hall on Grant Road, Thorndon. From the grassy flat at the hall head up the track to the south. This takes you to a junction and a large rock known as Elephant Rock. You are now on the Northern Walkway and heading uphill. The track climbs quite steeply now until you come to a sign where the East -West Connector meets the Northern Walkway. Stay on the Northern Walkway. After a very short steep climb the track becomes easy. You are now in the pine and macrocarpa forest. You will come to a sign on your right with directions to old quarry site. Take this track and follow the markers. Carry on past the old quarry and back on to the Northern Walkway, returning to Grant Road by rejoining the track you started on. Alternatively, you can choose not to go to the quarry site, but head back to Grant Road by heading downhill when you see a sign for the scout hall.

How to get there: Go Wellington Bus no. 2 or 13.

Duration: 2 hours

Peak # 4 - Brooklyn turbine

The Route: The start of the walk begins at the Southern end of Willis Street. You'll be standing at the junction of Willis Street with Nairn Street and Brooklyn Road. Go right on Brooklyn Road and walk up Brooklyn Road. Go left on Ohiro Road until you reach the junction with Todman Street. Cross the street at the traffic lights and then continue up Todman Street. Once you reach the junction with Mitchell Street, go left on Mitchell Street at the hairpin turn and continue walking until you see Karepa Street on your right. Continue on Karepa Street until you reach the junction with Ashton Fitchett Drive. Go left on Ashton Fitchett Drive until you see a brown sign for the Wind Turbine on your right, which together with a Polhill Reserve sign marks the start of the actual trail up to the wind turbine. After a short walk up the wind turbine trail, you'll already start to enjoy scenic views of Wellington city The track soon levels off a bit and you'll come up to a junction and the big fence of the Karori Wildlife Sanctuary. Going right at this junction will take you back down to Aro Valley and Highbury, while going left will take you up to the wind turbine.

How to get there: Go Wellington bus no. 7 or walk from Wellington's CBD

Duration: 1 - 2 hours