

Master of Physical Activity and Hauora

Sample Timetable – Full Time Study

TRIMESTER 1, 2026						
Date	Mon	Tues	Weds	Thurs	Fri	Sat
2 – 7 Mar	<u>HLWB525</u> Health Promotion Theory & Practice <i>Kelburn</i>	<u>PAAH501</u> Emerging issues in Physical Activity <i>Pipitea</i>		<u>PAAH502</u> Physical Activity and the Environment <i>Pipitea Field Work</i>		
	Distance Learning					
4 – 9 May	<u>HLWB525</u> Health Promotion Theory & Practice <i>Kelburn</i>	<u>PAAH501</u> Emerging issues in Physical Activity <i>Pipitea</i>		<u>PAAH502</u> Physical Activity and the Environment <i>Pipitea Field Work</i>		

TRIMESTER 2, 2026						
Choose one: a. <u>PAAH512</u> Active Play b. <u>PAAH510</u> Innovative approaches to Physical Activity and Public Health c. <u>PAAH514</u> Sport for Development (Distance Learning)						
Distance Learning Courses <u>PAAH520</u> Physical Activity Sector Placement <u>HLTH521</u> Research Methods						
Date	Mon	Tues	Weds	Thurs	Fri	Sat
16–17 Jul				PAAH512 Active Play Sport NZ		
23-24 Jul				PAAH510 Innovative Approaches to Physical Activity Pipitea		
Distance Learning						
17-18 Sept				PAAH512 Active Play Sport NZ OR PAAH510 Innovative Approaches to Physical Activity Pipitea		

Note: All block courses are 9am - 5pm

Part-Time study options are also available

Underlined course titles are hyperlinked to the course description for your reference.