

2024



VICTORIA UNIVERSITY OF
WELLINGTON
TE HERENGA WAKA

TOHU PAETAHI HAUORA

BACHELOR OF

HEALTH





Ready to make a difference in your community?
Shape a healthy future?

 www.wgtn.ac.nz/bhlth



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Te Herenga Waka—Victoria University of Wellington has been awarded an overall five-stars-plus rating in the QS Stars university rating system, one of only 17 universities worldwide to do so. The University gained a total score of 966 out of a possible 1,000 points across eight audited categories, including maximum points for the employability and inclusiveness categories. Maximum points were

awarded for 25 of the more than 30 indicators, including overall student satisfaction; further study; graduate employment rate; international diversity, support, and collaborations; academic reputation; satisfaction with teaching; campus facilities; accreditations; art and cultural investment and facilities; disabled access; scholarships and bursaries; low-income outreach; and student cohort diversity.

IMPORTANT NOTICE: Te Herenga Waka—Victoria University of Wellington uses all reasonable skill and care to ensure the information contained in this document is accurate at the time of being made available. However, matters covered by this document are subject to change due to a continuous process of review and to unanticipated circumstances, including those caused by COVID-19. The University therefore reserves the right to make any changes without notice. So far as the law permits, the University accepts no responsibility for any loss suffered by any person due to reliance (either whole or in part) on the information contained in this document, whether direct or indirect, and whether foreseeable or not.

TOHU PAETAHI HAUORA

BACHELOR OF HEALTH

Te Herenga Waka—Victoria University of Wellington's Bachelor of Health will prepare you for a rewarding career contributing to the good health and wellbeing of diverse communities in Aotearoa New Zealand, with a strong focus on Māori and Pacific communities.

SHAPE A HEALTHY FUTURE

The health sector in Aotearoa is undergoing significant change and needs a range of skilled and agile people who are passionate about improving health and wellbeing in our communities.

CHOOSE YOUR MAJOR

Whichever major you choose, you'll develop an in-depth understanding of the field you're passionate about, laying the groundwork for many possible careers or further postgraduate study.

APPLY YOUR SKILLS

In the third year, choose from a research project or an internship* relevant to your major.

*Limited entry.





“Te Kura Tātai Hauora—the School of Health embraces diversity of learning to promote and lead the improvement of health and wellbeing in Aotearoa New Zealand. We uphold Te Tiriti o Waitangi principles in our teaching and learning and strengthen the transformation of students’ theoretical knowledge to practice to ensure equity and equality of service delivery to our communities.”

Dr Aliitasi Su'a-Tavila

Undergraduate programme director and senior lecturer
Te Kura Tātai Hauora—School of Health

OUR SUBJECTS

HEALTH INFORMATICS

Health informatics is the application of information technology to the business of healthcare. The aim is to improve healthcare through the effective management and utilisation of health information, data, and systems, and to use the knowledge gained to solve problems and make decisions about healthcare and services. All this leads to a more affordable, flexible health system and better health outcomes for people.

The Health Informatics major combines the study of technology and information systems, and considers how and when data is stored and kept confidential, how it is read and translated, and what to do with the information the data contains.

HEALTH PROMOTION

Do you want to use your skills to advocate for others? Do you want to develop action plans that increase equity within populations and help people to improve their health and wellbeing? The Health Promotion major is designed to create work-ready graduates who understand health issues and can design and implement promotion initiatives to combat these.

This major will introduce you to a range of factors that influence people's health, and you will develop competency in Māori and Pacific health, epidemiology, health education, health literacy, community health, advocacy, social change, health communication, programme design, and evaluation. You will learn about the needs of different groups and how health promotion initiatives can be tailored for diverse groups.

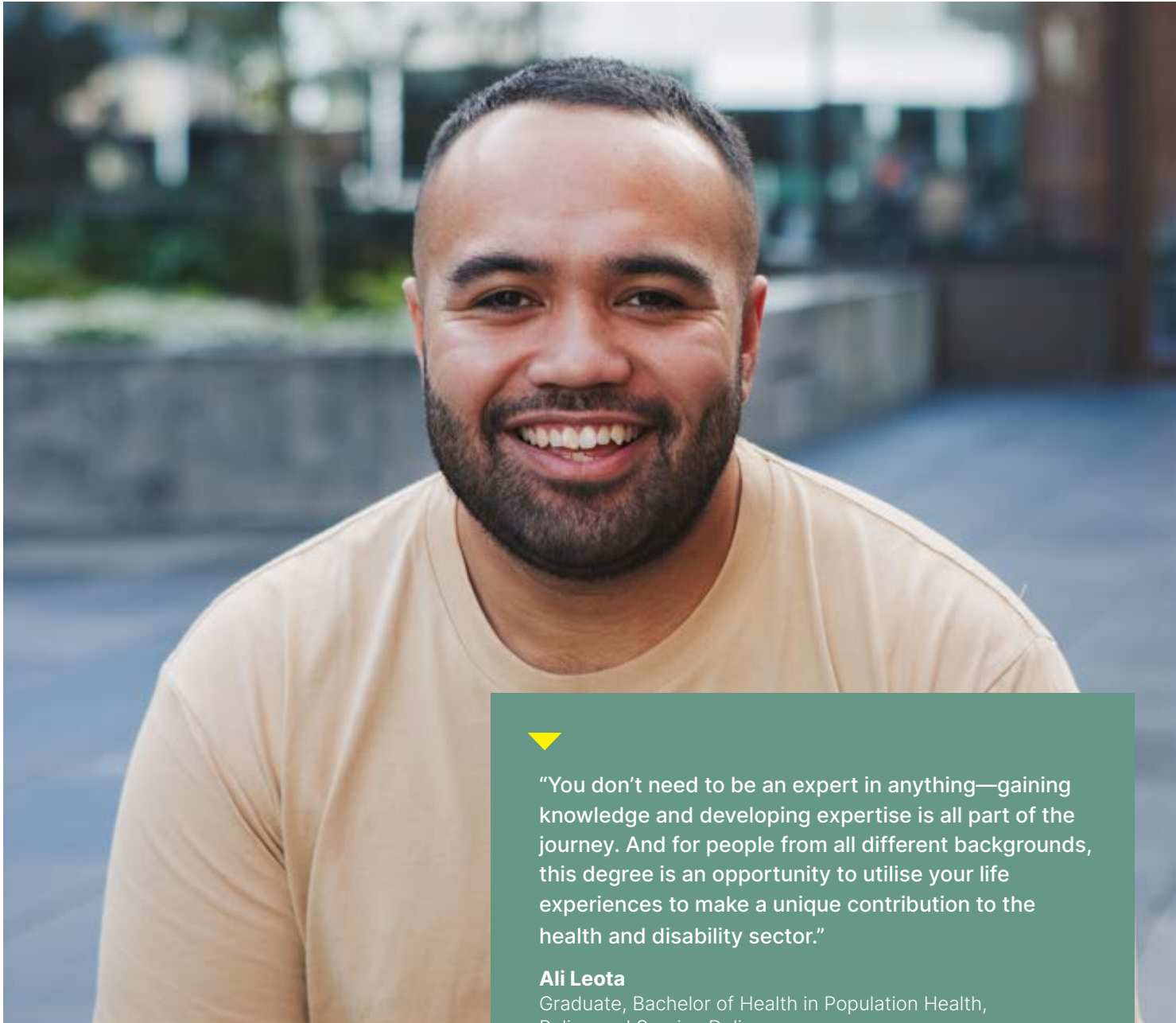
HEALTH PSYCHOLOGY

In Health Psychology, you will study how our social world shapes physical and psychological health and wellbeing. Health Psychology examines how society shapes health alongside interpersonal relationships and individual thoughts, feelings, and behaviour. Those who are trained in health psychology understand how people respond to health and illness as well as the social determinants of health. They explore the challenges people experience caring for their health and learn about the importance of resources to enhance health and wellbeing for individuals, families, and communities.

Health Psychology can be applied in many settings, including private practices, hospitals, government agencies, non-government agencies, community groups, and in areas such as pain management, professional communication, rehabilitation, and smoking cessation.

POPULATION HEALTH, POLICY AND SERVICE DELIVERY

When it comes to developing health policy and planning health services, it is essential we know about the current and future health needs of diverse populations. National populations are made up of different communities and population groups. These groups are commonly defined by geography, but can also be defined by other shared characteristics such as ethnicity or disability, or other factors such as age. Population Health takes a broad perspective on what influences health outcomes within different populations over time. It provides tools to help measure health outcomes and understand underlying causal factors. It also examines the application of this knowledge and current thinking and approaches to action and policies that will lead to real and lasting improvements in the health and wellbeing of communities. This major will introduce you to the health and policy system within Aotearoa New Zealand as well as current health services and health policy directions.



“You don’t need to be an expert in anything—gaining knowledge and developing expertise is all part of the journey. And for people from all different backgrounds, this degree is an opportunity to utilise your life experiences to make a unique contribution to the health and disability sector.”

Ali Leota

Graduate, Bachelor of Health in Population Health,
Policy and Service Delivery

DEGREE STRUCTURE

Find out more about the courses you'll take at www.wgtn.ac.nz/explore/degrees/health

Year 1	Core courses	Health Informatics	Health Promotion	Health Psychology	Population Health, Policy and Service Delivery
	HLWB 101 Introduction to Health and Wellbeing	INFO 101 Introduction to Information Systems	HLWB 105 Introduction to Health Psychology	HLWB 105 Introduction to Health Psychology	PUBL 113 Social and Public Policy: Values and Change
	HLWB 102 Improving Mental and Physical Health in Communities	INFO 103 Databases (or INFO 151)	EDUC 141 Human Development and Learning	PSYC 121 Introduction to Psychology 1	
	HLWB 103 Introduction to Human Biology for Health			PSYC 122 Introduction to Psychology 2	
	HLWB 104 Introduction to Health Policy and Services				
	QUAN 102 Statistics for Business or STAT 193 Statistics in Practice*				

*Health Psychology students are recommended to take STAT 193.

Year 2	Core courses	Health Informatics	Health Promotion	Health Psychology	Population Health, Policy and Service Delivery
	HLWB 201 Global Health and Wellbeing	INFO 202 Digital System Delivery (or INFO 231)	HLWB 206 Foundations of Health Promotion	HLWB 205 Theory and Research in Health Psychology	HLWB 204 Advanced Health Policy and Services
	HLWB 202 Health and Wellbeing in Aotearoa New Zealand	INFO 206 Organisational Analytics (or INFO 264)	SOSC 220 Sociology of Health and Illness	PSYC 232 Survey and Naturalistic Research Methods	PUBL 201 Introduction to Public Policy
	HLWB 203 Health Evaluation and Epidemiology [†]	One further course from INFO 200–299		PSYC 233 Brain and Behaviour	
				PSYC 242 Experimental Research Methods	

[†]Not required for Health Psychology majors.

Year 3	Core courses	Health Informatics	Health Promotion	Health Psychology	Population Health, Policy and Service Delivery
	HLWB 301 Research and Enquiry in Health or HLWB 302 Health Internship [‡]	INFO 302 Digital Business models (or INFO 354)	HLWB 306 Health Promotion Practice	HLWB 305 Health Psychology in Action	HLWB 303 Advanced Health Statistics and Epidemiology
		INFO 360 Information Systems for Healthcare	HLWB 310 Hauora Māori—Māori Health Development	Two courses from PSYC 321, PSYC 327, or PSYC 332	HLWB 304 Contemporary Issues in Health and Social Services
		Two further courses from INFO 300–399 or other approved courses	HLWB 311 Pacific Health within the Aotearoa New Zealand Context	15 further points from PSYC 300–399	HLWB 312 Integrated Care

[‡]Limited entry.

In addition to these core courses and major requirements, students will need to satisfy degree requirements and take elective courses to make up a total of at least 360 points. Students intending to pursue postgraduate Psychology or Clinical Psychology should seek course planning advice from the Wellington Faculty of Health.

WHERE CAN YOUR DEGREE TAKE YOU?

Often when people think about a career in health, they think of medical professionals such as doctors and nurses. In fact, nearly 50 percent of the health workforce is non-clinical.

A whole range of skills and professions are crucial to the operation and development of the sector, and they make a significant contribution to the health and wellbeing of all people who live in New Zealand. Bachelor of Health students will have a range of career pathways and options for postgraduate study.



“The health sector is really big. This means there will be people who are passionate about the same things that you are and opportunities that may align with your strengths and skills—both the knowledge that you gain in your degree and the interpersonal and communication skills that come with it.”

Jess Shaw

Senior adviser mental wellbeing, Health Promotion,
Te Whatu Ora—Health New Zealand



CAREERS AND GRADUATE PATHWAYS





HEALTH INFORMATICS

Employment and postgraduate study options

JOB OPPORTUNITIES

- ▶ Business analyst—health intelligence
- ▶ Business analyst—national patient flow
- ▶ Clinical informatics specialist
- ▶ Health informatics analyst
- ▶ Health informatics project leader
- ▶ Health information analyst
- ▶ Health information manager
- ▶ Health IT developer
- ▶ Health researcher
- ▶ Health technology designer
- ▶ Project manager
- ▶ Solutions developer—health intelligence

EMPLOYERS

- ▶ Health software companies such as Cerner, Health Metrics, Medtec Global, Momentum Healthware
- ▶ Government agencies such as Callaghan Innovation, the Ministry of Health, New Zealand Trade and Enterprise

POSTGRADUATE STUDY OPTIONS

- ▶ Postgraduate Certificate of Health
- ▶ Postgraduate Diploma of Health
- ▶ Master of Health
- ▶ Bachelor of Commerce with Honours
- ▶ Master of Commerce
- ▶ Master of Global Business
- ▶ PhD

HEALTH PROMOTION

Employment and postgraduate study options

JOB OPPORTUNITIES

- ▶ Community development roles
- ▶ Community health worker
- ▶ Community Māori health promoter
- ▶ Community Pasifika health promoter
- ▶ Health promoter
- ▶ Health promotion practitioner
- ▶ Health researcher
- ▶ Policy and drug information adviser
- ▶ Programme designer and evaluator
- ▶ Project or account manager
- ▶ Youth health lead

EMPLOYERS

- ▶ Community services
- ▶ Government agencies
- ▶ Kaupapa Māori health services
- ▶ Local and regional government
- ▶ Non-governmental organisations such as the New Zealand Cancer Society, Drug Foundation, Heart Foundation, and Mental Health Foundation
- ▶ Pasifika health services
- ▶ Public health organisations such as doctors' practices

POSTGRADUATE STUDY OPTIONS

- ▶ Postgraduate Certificate in Health
- ▶ Postgraduate Diploma in Health*
- ▶ Master of Health*
- ▶ PhD

*Health Promotion specialisation available.

HEALTH PSYCHOLOGY

Employment and postgraduate study options

JOB OPPORTUNITIES

- ▶ Behavioural specialist
- ▶ Case leader—residential services
- ▶ Case manager
- ▶ Health promoter
- ▶ Health psychologist (requires postgraduate study)
- ▶ Health researcher
- ▶ Wellbeing adviser or counsellor
- ▶ Youth worker

EMPLOYERS

- ▶ Community services
- ▶ Government agencies such as ACC, the Ministry of Defence, the Ministry of Justice
- ▶ Non-governmental organisations
- ▶ Pasifika health services
- ▶ Universities

POSTGRADUATE STUDY OPTIONS

- ▶ Postgraduate Certificate in Health Psychology
- ▶ Postgraduate Diploma in Health Psychology
- ▶ Master of Health Psychology
- ▶ Master of Science in Psychology
- ▶ Postgraduate Diploma in Health Psychology Practice[†]
- ▶ PhD

[†]Limited entry.



“I work in data, was raised in te ao Māori, and have experienced the health system for myself, so I can really see how I can contribute.

“I’ve found the courses really practical and relevant. In the Hauora Māori course, everyone in the class was so willing to embrace what we were learning—I can tell that the future of health in Aotearoa is going to be a lot more influenced by te ao Māori.”

Uekaha Douglas

Student, Graduate Diploma in Health
Māori adviser in the public sector

POPULATION HEALTH, POLICY AND SERVICE DELIVERY

Employment and postgraduate study options

JOB OPPORTUNITIES

- ▶ Health educator
- ▶ Health manager
- ▶ Health policy adviser or analyst
- ▶ Health researcher
- ▶ Project manager
- ▶ Public health adviser
- ▶ Services portfolio manager

EMPLOYERS

- ▶ Community health providers
- ▶ Kaupapa Māori health services
- ▶ Ministry of Health
- ▶ Non-governmental organisations such as the New Zealand Cancer Society, Heart Foundation, and Mental Health Foundation
- ▶ Pasifika health services
- ▶ Primary health organisations
- ▶ Public health units
- ▶ Te Aka Whai Ora—Māori Health Authority
- ▶ Te Whatu Ora—Health New Zealand
- ▶ Whaikaha—Ministry of Disabled People

POSTGRADUATE STUDY OPTIONS

- ▶ Postgraduate Certificate in Health
- ▶ Postgraduate Diploma in Health[‡]
- ▶ Master of Health[‡]
- ▶ Master of Health Research
- ▶ Master of Public Policy
- ▶ Master of Public Management
- ▶ PhD

[‡]Health Policy, Planning, and Service Delivery specialisation available.



“I started my degree focusing on health promotion, but moved more into policy because I want to be in the room where policies are made and be a voice.”

Emmerson Toomaga

Graduate, Bachelor of Health in Population Health, Policy and Service Delivery

FIND OUT MORE

www.wgtn.ac.nz/health

www.wgtn.ac.nz/apply

ADMISSION AND ENROLMENT

You can apply for admission up to two years in advance of the year you plan to start studying. Apply through our student portal, Pūaha. Once you have met the requirements, you will receive either a conditional or an unconditional Offer of Place. Accept your offer to confirm your admission.

After accepting your Offer of Place, you will be invited to select your courses once course enrolment is open. You select courses for one academic year at a time.

www.wgtn.ac.nz/puaha

ENTRY REQUIREMENTS

Entry into the Bachelor of Health requires standard New Zealand University Entrance or equivalent.

There are no prerequisite secondary school subjects for the Bachelor of Health, but useful subjects to prepare for this degree include Biology, English, Health, Home Economics, Physical Education, Science, Social Studies, and Statistics.

CONTACT US

Te Wāhanga Tātai Hauora

Wellington Faculty of Health

Student Service Centre

Ground Floor, Cotton Building, Kelburn Campus

☎ 0800 04 04 04

✉ info@vuw.ac.nz

www.wgtn.ac.nz/health

COURSE PLANNING

For help with course planning, contact Te Kahupapa—Future Students.

☎ 0800 04 04 04

✉ future-students@vuw.ac.nz

www.wgtn.ac.nz/courses

OTHER STUDENT RESOURCES

Disability support

www.wgtn.ac.nz/disability

Māori student support

www.wgtn.ac.nz/awhina

Pasifika student success

www.wgtn.ac.nz/pasifika

Rainbow student support

www.wgtn.ac.nz/rainbow

Refugee-background student support

www.wgtn.ac.nz/refugee-background-students

Scholarships

www.wgtn.ac.nz/scholarships

Student services and support

www.wgtn.ac.nz/student-support





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