

## **URGENT COVID-19 Interim Response:** **Hapū Māmā Connecting (HMC) during COVID-19**

Maternity care is essential. During COVID-19 and beyond we are asking general practices to support and help connect pregnant women who have not yet been seen by a midwife or doctor for their pregnancy. *These women are at risk.*

### **WHY**

- There are time-sensitive actions that are needed for some women in the first trimester to avoid potential harm and death.
- During COVID-19 women not connected with a midwife in the first trimester of pregnancy may miss this essential care.
- General practices can act as the safety net.

### **WHAT**

- ***Hapū Māmā Connecting*** (HMC) is a first trimester tool you (nurse / doctor / midwife) can use over the phone to determine who needs more care. For example, for a women with previous pre-eclampsia, Aspirin and Calcium are needed.
- Just print and complete / highlight as needed.
- Supports navigation to midwife/hospital and other services. Keep record of all women consulted.
- It's an interim bare-bones approach that aims to keep women safe through COVID-19.
- It covers clinical care and whānau wraparound support (Food? Warm house? Transport?).

**PAYMENT:** Claim first trimester (maternity non-LMC) services

HMC is not a guideline. It is based on a successful pregnancy advanced form used in Hawkes Bay, developed by Ngāti Pāhauwera in partnership with the Centre for Women's Health Research. This bare-bones version has been developed in response to the potential gaps in care and access for hapū māmā brought about by the COVID-19 pandemic. It does not replace clinical judgement.

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**[www.hapumamaconnecting.org.nz](http://www.hapumamaconnecting.org.nz)**



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