



# MASTER OF HEALTH PSYCHOLOGY

**NEW FOR 2021**

## Master of Health Psychology

The Master of Health Psychology (MHLthPsyc) is a two-year degree that advances your understanding of the interactions between the biological, psychological, social, and cultural aspects of health and wellbeing and gives you the skills to translate this knowledge to promote physical and psychological wellbeing in Aotearoa New Zealand.

Your desire to make a positive difference to the wellbeing of Māori, Pasifika, and diverse communities can be realised through your studies, and you can look forward to a career helping people reach their potential with mana and cultural integrity.

## Scholarships available for study in 2021

The Wellington Faculty of Health will be offering inaugural scholarships to study the Master of Health Psychology in 2021. Details are available on our website.

## Pathway to becoming a registered psychologist

Completion of the Master of Health Psychology and the Postgraduate Diploma in Health Psychology Practice\* prepares you to register as a psychologist with the New Zealand Psychologists Board Te Poari Kaimātai Hinengaro o Aotearoa.

\*Offered from 2023, limited entry, subject to regulatory approval.

## Health psychology pathway

	POSTGRADUATE CERTIFICATE IN HEALTH PSYCHOLOGY	POSTGRADUATE DIPLOMA IN HEALTH PSYCHOLOGY	MASTER OF HEALTH PSYCHOLOGY
<b>Start date</b>	February, July	February, July	February, July
<b>Total courses</b>	2–4	5–7	6–8
<b>Duration (full time)</b>	1 trimester	2 trimesters	4 trimesters
<b>Type</b>	Coursework	Coursework	Coursework and thesis
<b>Entry requirements</b>	A Bachelor's degree or Graduate Diploma in a psychology discipline.	A Bachelor's degree or Graduate Diploma in a psychology discipline.	A Bachelor's degree or Graduate Diploma in a psychology discipline, with an average grade of at least B.

### Example courses

#### **HPSY 501 HEALTH PSYCHOLOGY: HEALTH AND WELLBEING IN CONTEXT**

Examine the social, cultural, and environmental contexts in which people maintain good health and wellbeing.

#### **HPSY 502 HEALTH PSYCHOLOGY: ILLNESS, DISEASE AND SUPPORT**

Examine how individuals, whānau, and caregivers make sense of becoming ill and how they engage with health professionals and live with illness and disease.

#### **HPSY 503 PROFESSIONAL PRACTICE AND SKILLS IN PSYCHOLOGICAL PRACTICE**

Critically examine frameworks for health psychology practice in a range of settings, including collaborative practice with other health professionals, cultural professionals, community providers, and whānau.

#### **EPSY 512 CULTURALLY CENTERED EDUCATIONAL PSYCHOLOGY PRACTICE IN AOTEAROA NEW ZEALAND**

Critically examine evidence-based frameworks relating to culturally centred educational psychology practice. Identify effective collaborative practice to meet the needs to diverse groups.

#### **EPSY 535 EXPLORATION OF COUNSELLING THEORY AND PRACTICE ISSUES**

Critically examine counselling theory and practice issues with specific focus on the helping relationship in educational contexts.

To plan your pathway, contact us:

✉ [health@vuw.ac.nz](mailto:health@vuw.ac.nz)

▶ [www.wgtn.ac.nz/master-health-psychology](http://www.wgtn.ac.nz/master-health-psychology)