

Family economic and social wellbeing during and after lockdown in Aotearoa/NZ

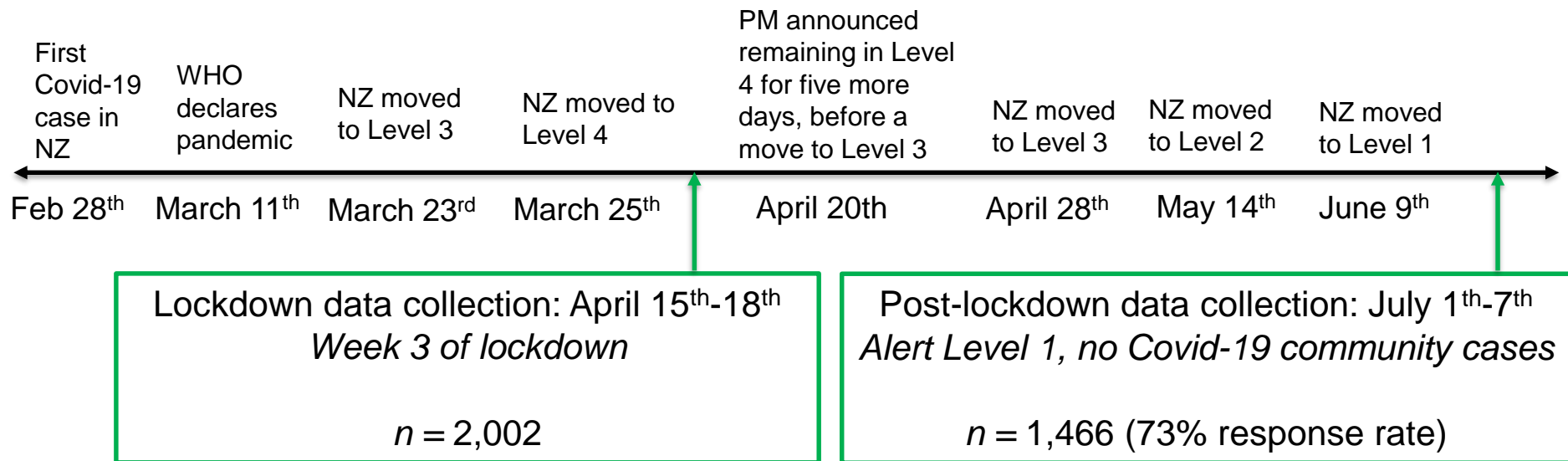
November 25th, 2020

Life under lockdown survey

How did people and their families cope
during and **after** lockdown?

Joint venture between the Institute for Governance and Policy Studies and the Roy McKenzie Centre for the Study of Families and Children, Awhi Rito

Study timeline: 2020



Survey areas

Sociodemographic characteristics

Income, education, ethnicity, age, gender, region, etc.

Work circumstances

Job loss, working conditions

Individual wellbeing

Feelings, loneliness, ease of reaching out

Work-family life

Changes in time demands, work-family conflict

Household composition

Members, movement, multi-household bubbles

Economic shocks

Wage changes, benefit use, govt. wage subsidy

Family wellbeing

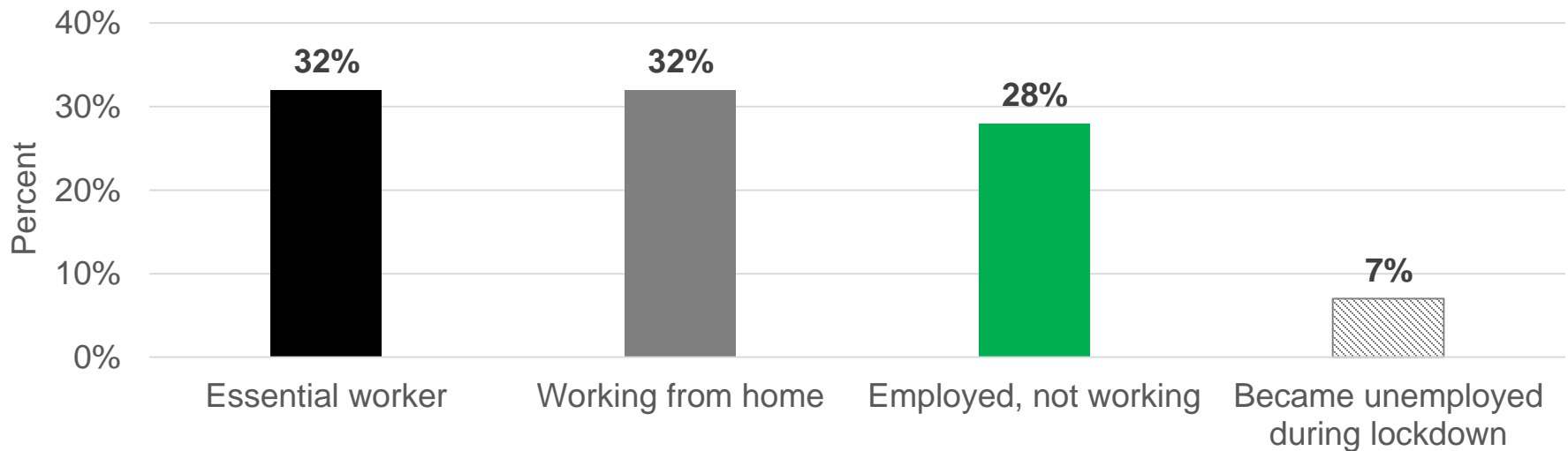
Couple support/arguing, division of labour, parental role satisfaction

...all in a ten-minute
online survey



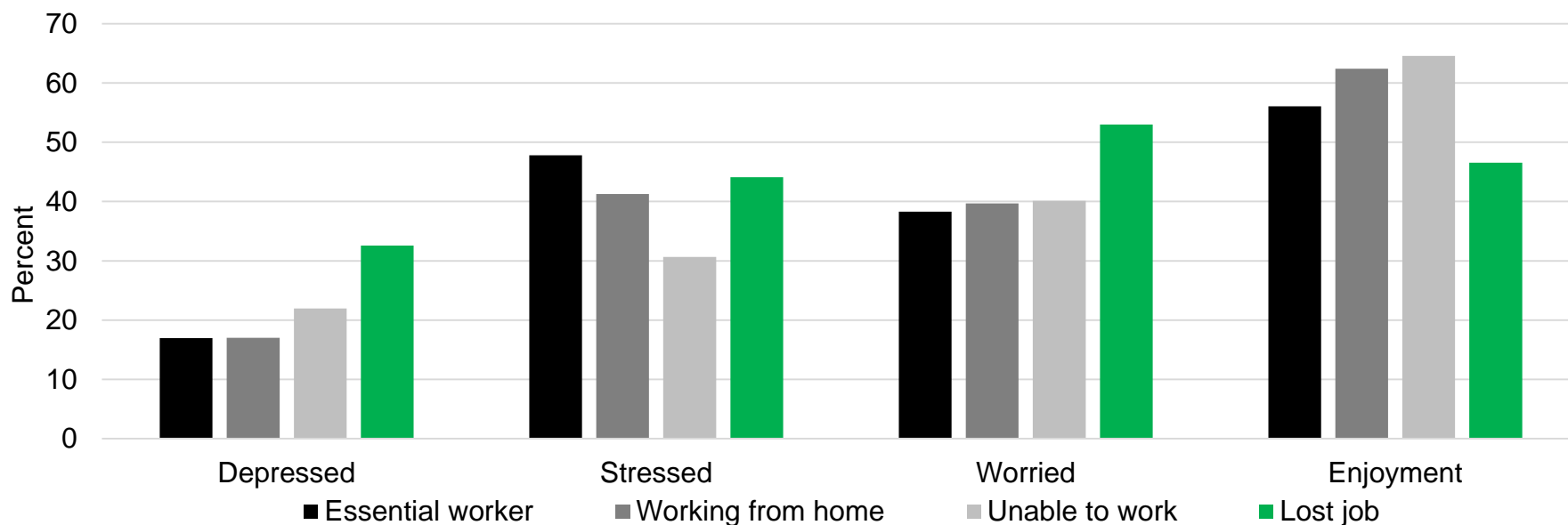
Work status during lockdown

- 68% of respondents were in employment pre-lockdown
- Of those, during week three:

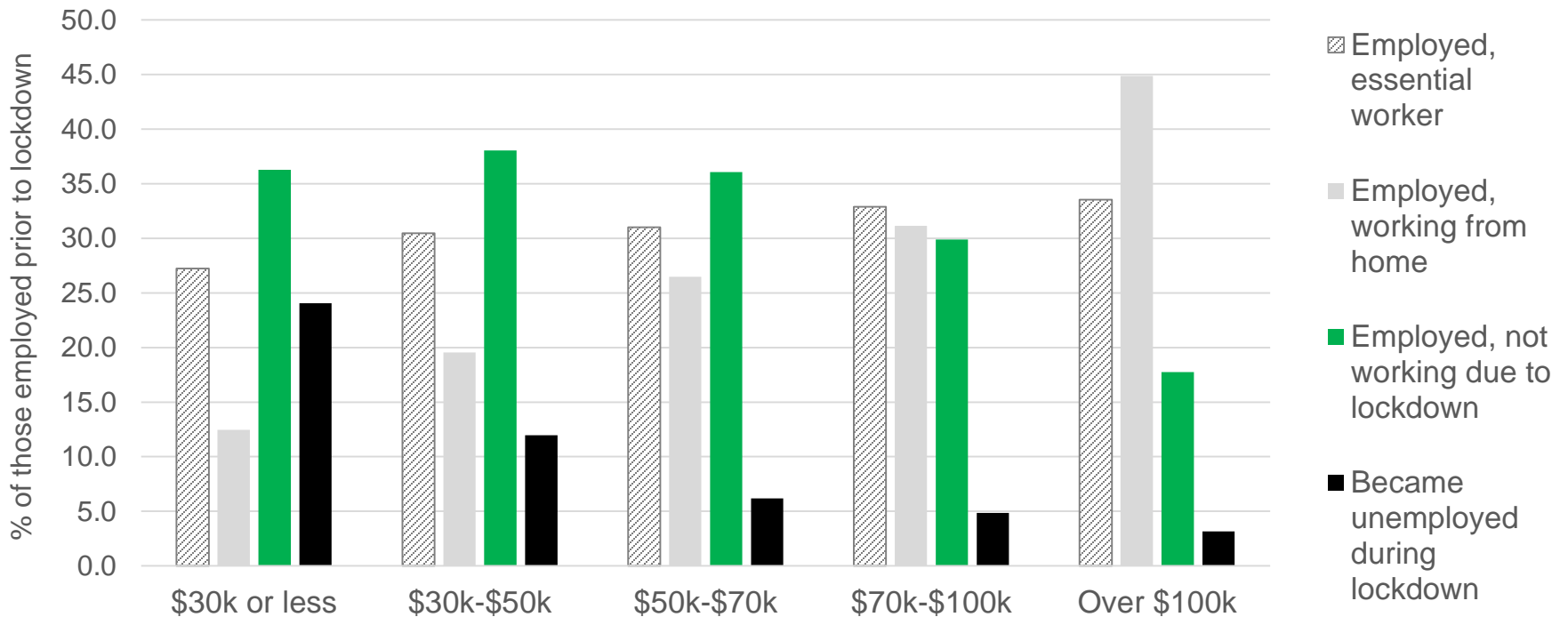


Work status and wellbeing during lockdown

- Essential workers more stressed
- Those unable to work were less stressed, had more enjoyment
- Those who lost their job were worst off



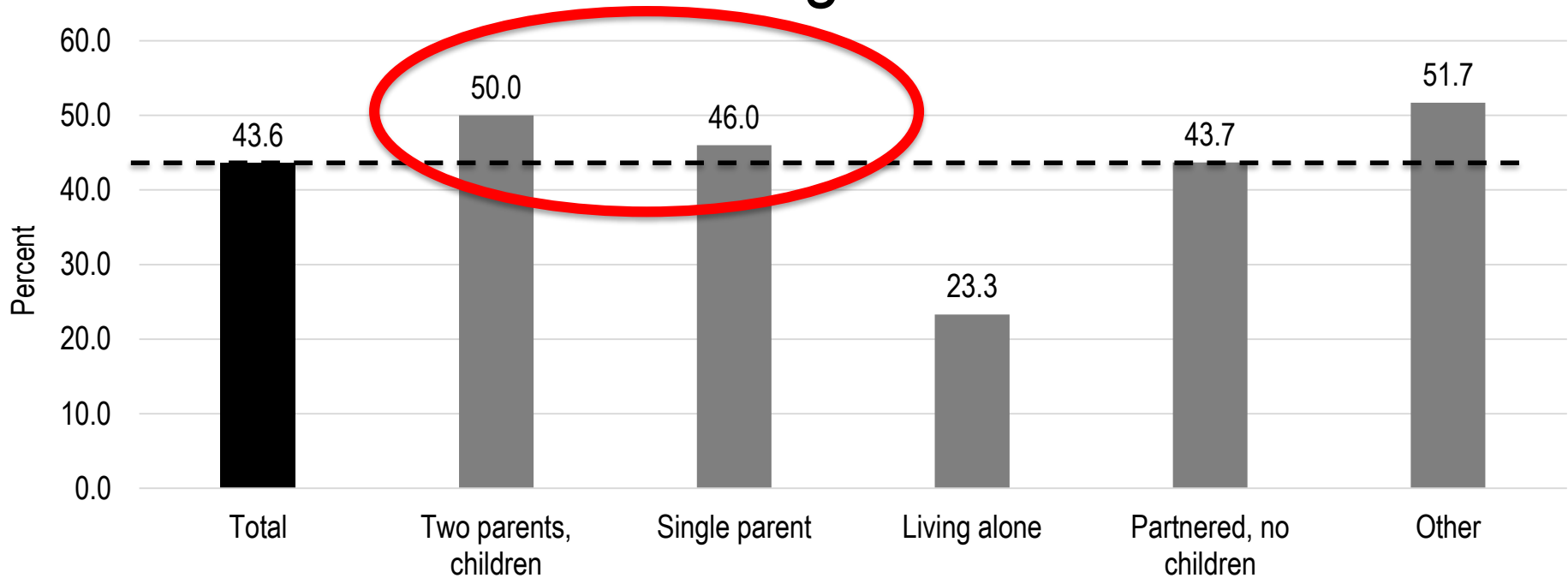
Low-income households: More job loss, less likely to work from home



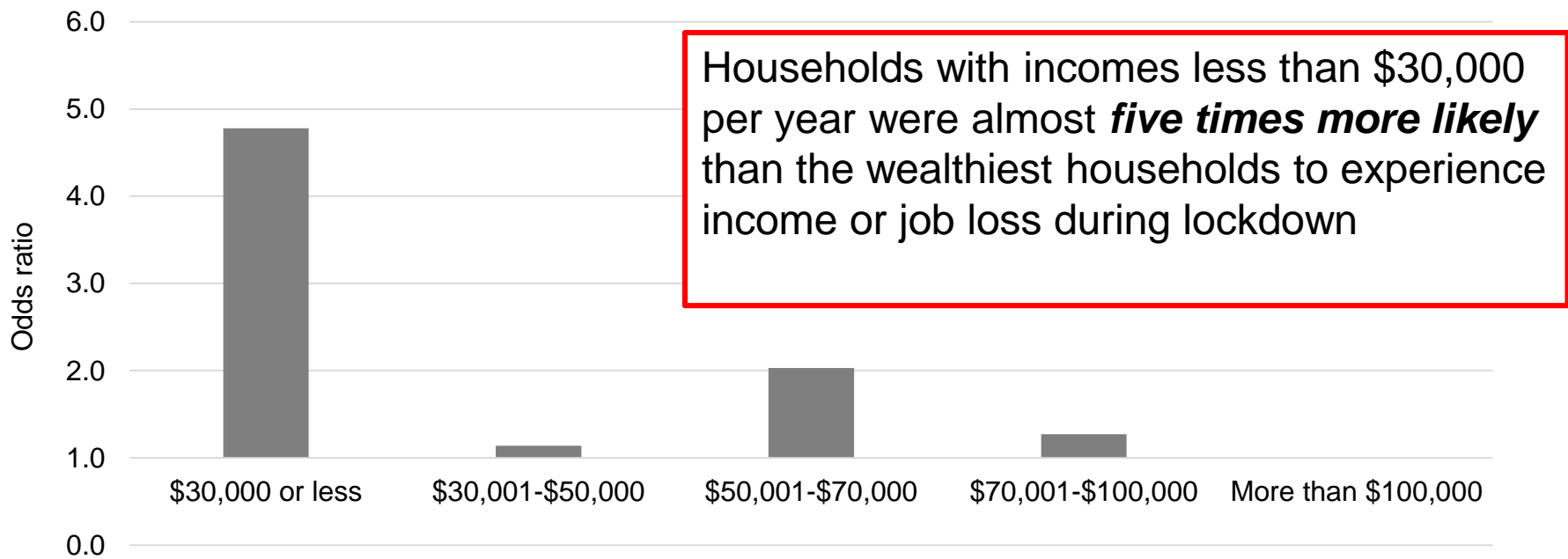
Work status and job loss during lockdown

- Few differences in work status:
 - Between men & women
 - Across age groups
- Those with higher education more likely to work from home
 - Post-grad degree: 46%
 - Secondary school qual only: 30%
- Ethnic minorities more likely to lose employment
 - Pacific (11%) & Asian (10%) & Māori (8%) vs. NZ European (6%)

Families with children more likely to experience an economic shock during lockdown



Low-income families with children: More economic loss



Family wellbeing during and post-lockdown

Families were remarkably resilient during lockdown

No change in family wellbeing scale

No change in couple conflict and support

No change in parental role satisfaction



However some groups didn't come out unscathed

Economic loss

Working parents



Working mothers 'up to 40% more ...
theguardian.com



Top 10 best companies for working moth...
cnbc.com



Why Millennial Working Mothers Are ...
vogue.com



research shows common assumptions ab...
hrzone.com



Working mothers and why they take the...
circlein.com



Flexible working mothers mo...
workplaceinsight.net



We Are Failing Working Mothers. Here's ...
forbes.com



Working mothers have an evident ...
gabrielamueller.com



EMPOWERING WORKING MOTHERS; WHY ...
linkedin.com

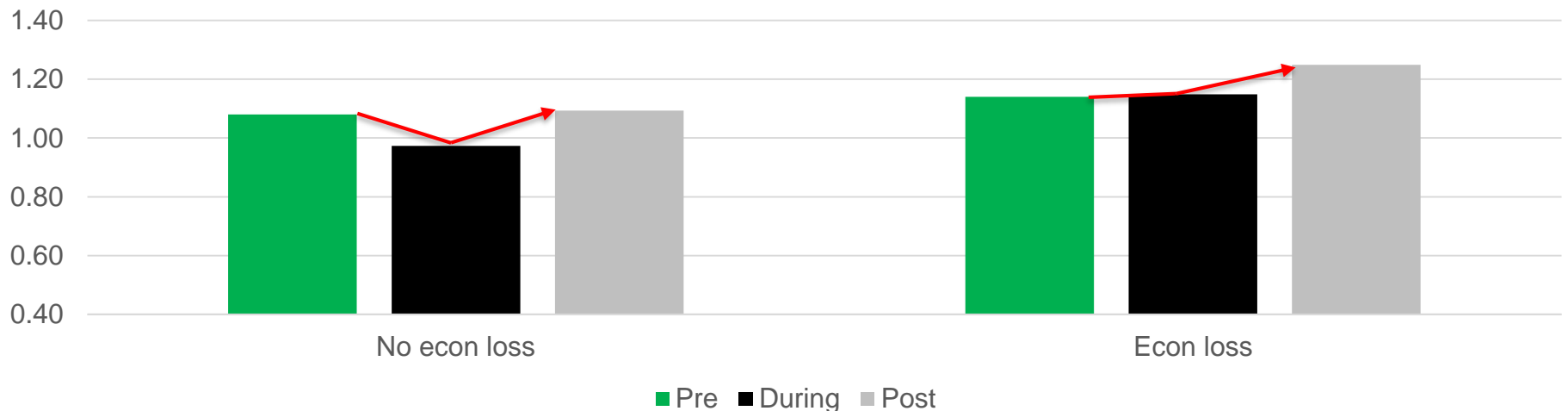


10 Tips Working Mothers Can Use to ...
recruiter.com

Couple conflict pre-, during, and post-lockdown

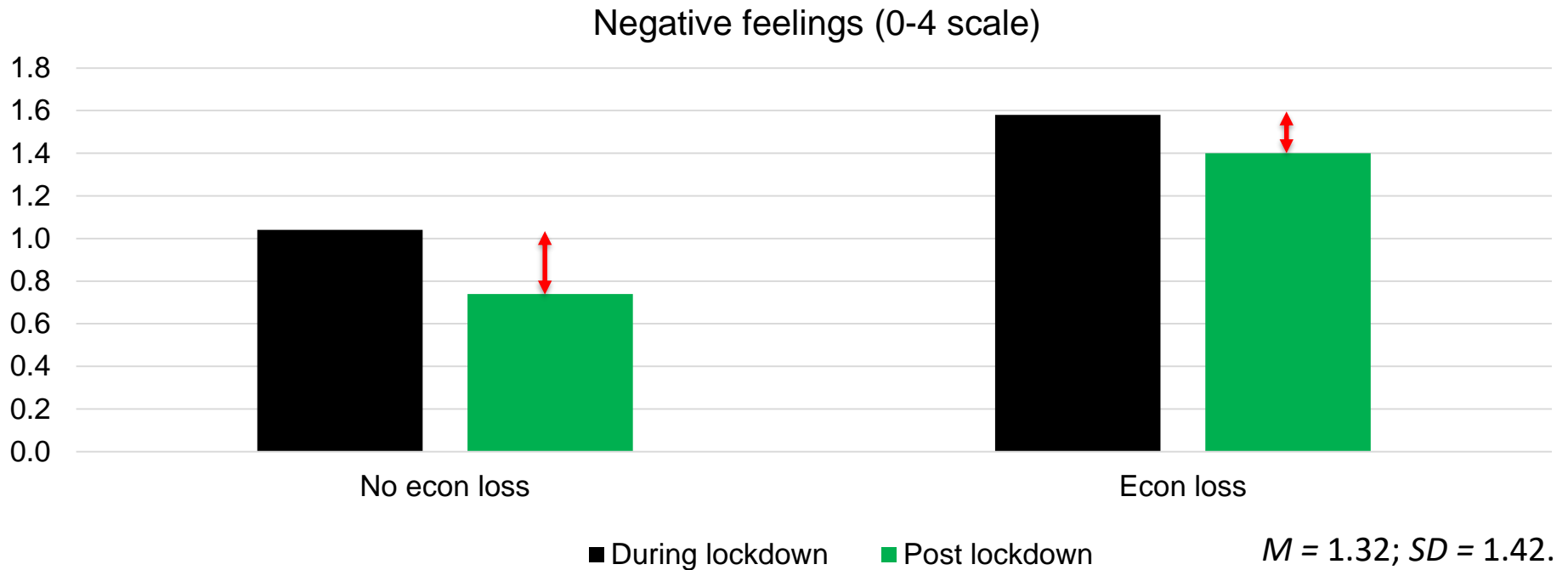
- Couples who did not experience job/wage loss fought less in lockdown but reverted to pre-lockdown conflict levels post-lockdown
- Couples who experienced job/wage loss did not get the same lockdown 'relationship boost' but still experienced the post-lockdown stress

Frequency of disagreements and annoyances



OLS regressions. Controls for: Presence and age of children, gender, age, education, ethnicity region, household tenure, number of people in household, arguing at $t-1$.

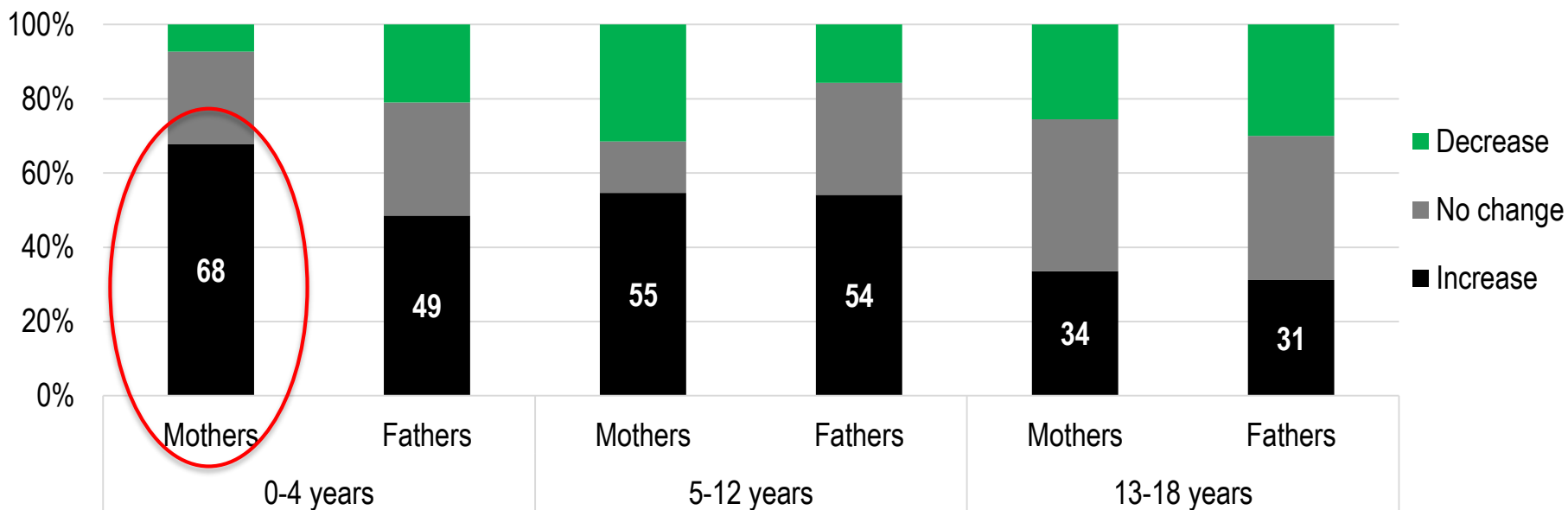
Working families with children: Economic loss = more negative feelings during and after lockdown



OLS regressions. Controls for: Age of children, gender, age, education, ethnicity region, household tenure, number of people in household, negative feelings at $t - 1$ for post-lockdown regression.

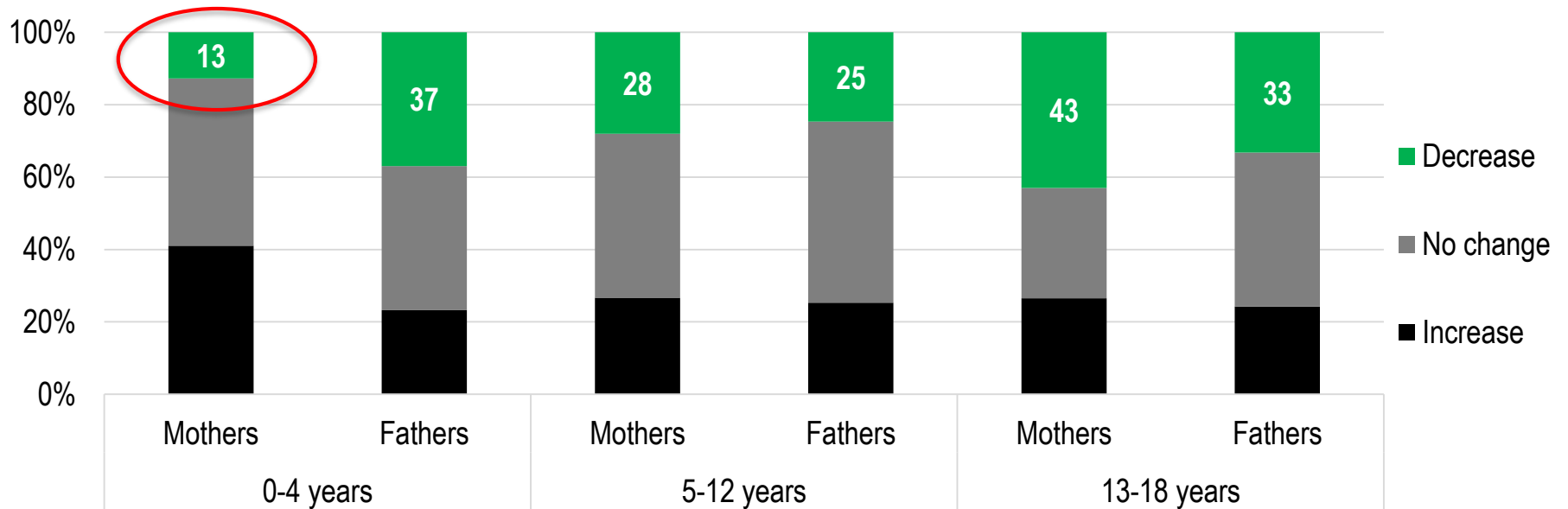
Working parents of young children—mothers especially—experienced increases in family time demands during lockdown

Change in family time demands from pre- to during lockdown

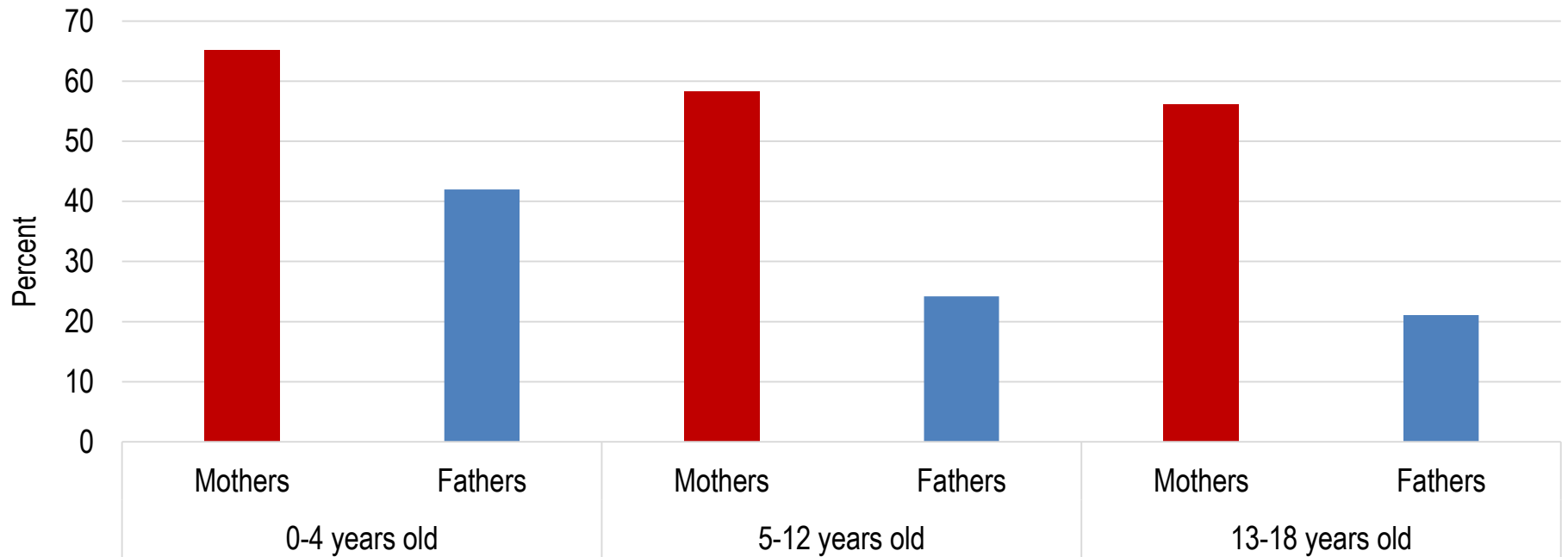


Work time demands during lockdown didn't compensate for the increase in family demands

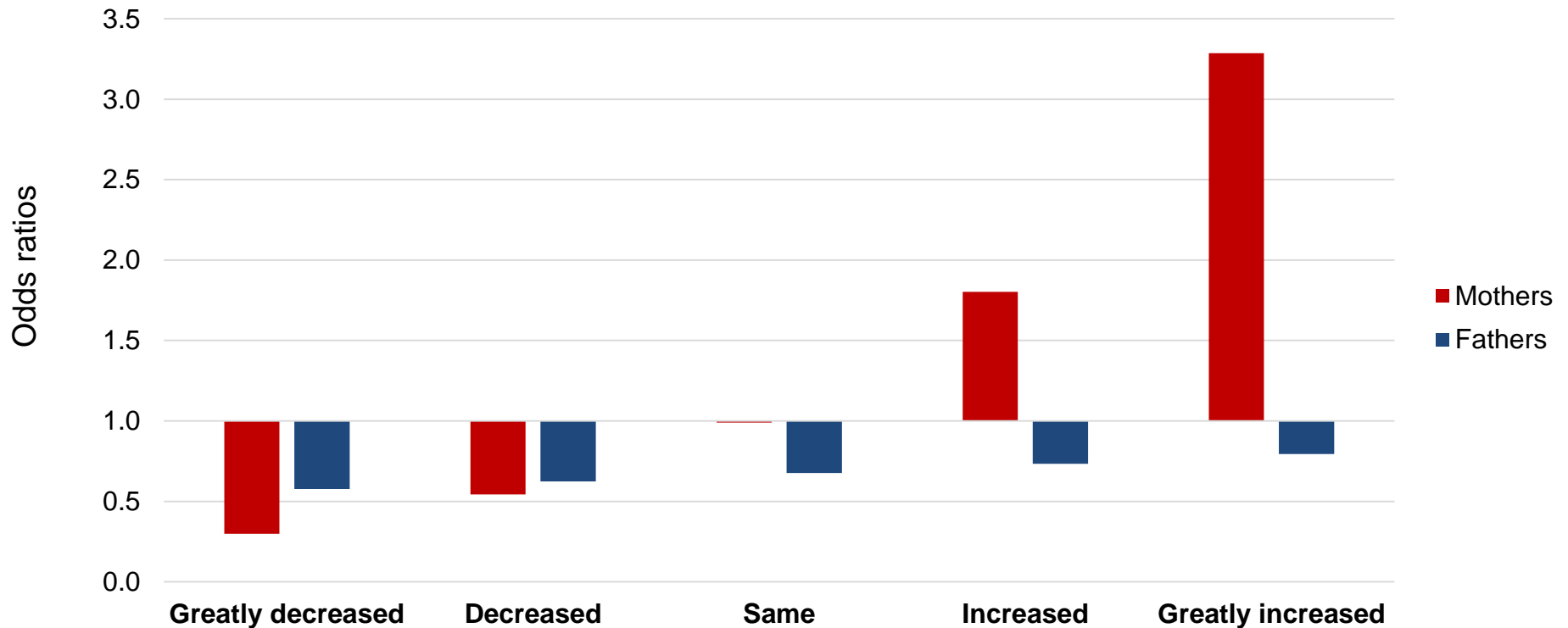
Change in work time demands from pre- to during lockdown



Working mothers, generally, and those with young children, in particular, more likely to report work-family conflict during lockdown

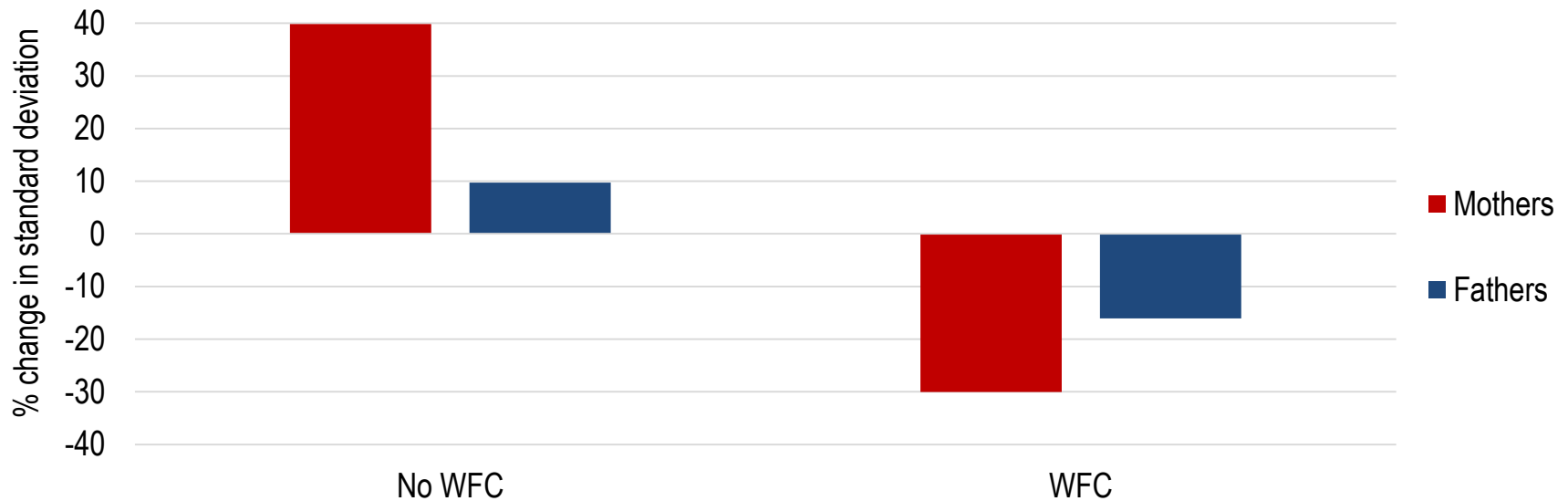


Increases in work time demands, not family time demands, predicted work-family conflict during lockdown for mothers



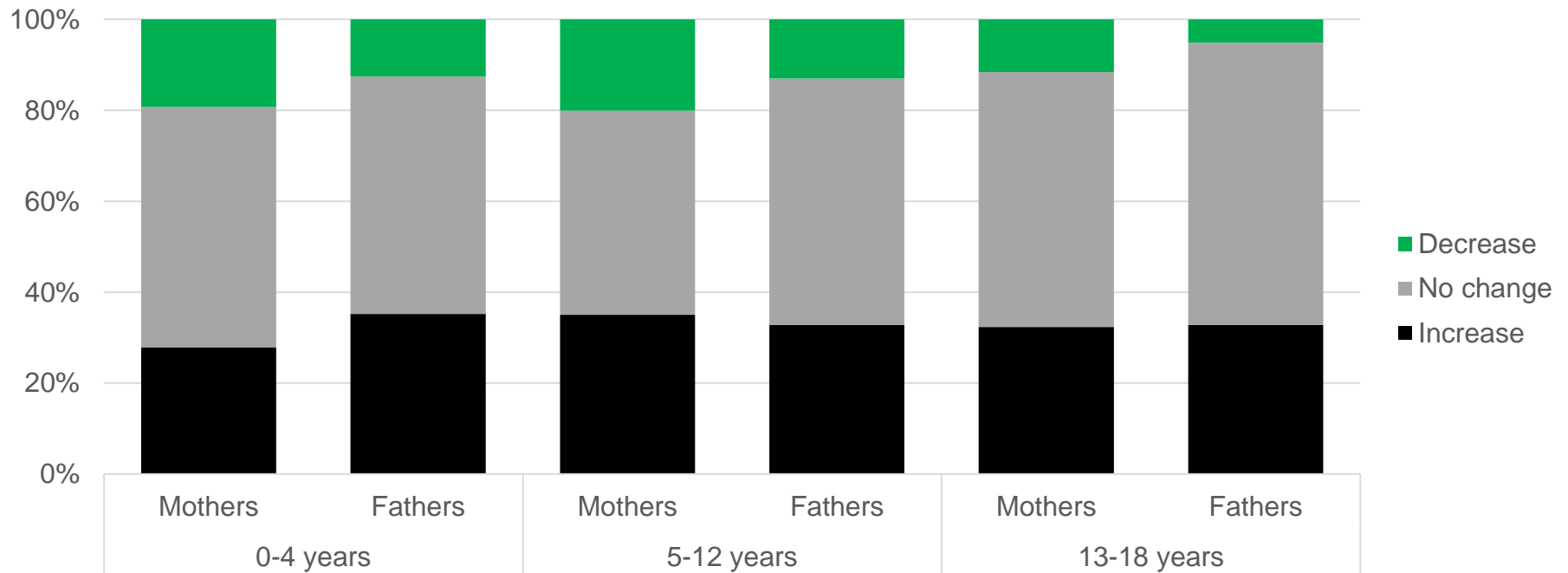
Logit regressions. Controls for: work status, change in family time demands, number and age of children, age, education, ethnicity region, household tenure, household income, partner presence and work status.

Work-family conflict predicted lower parental role satisfaction, bigger impact for mothers

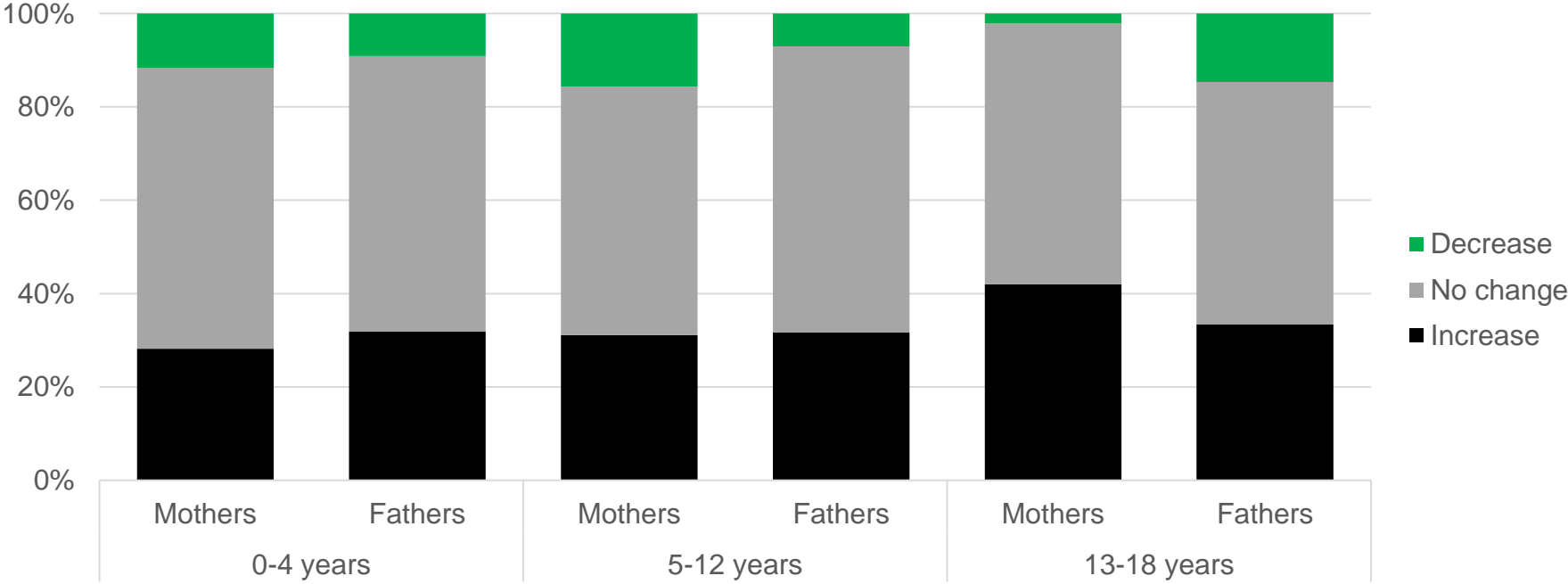


OLS regressions. Controls for: work status, number and age of children, age, education, ethnicity region, household tenure, household income, partner presence and work status, and parental role satisfaction at $t - 1$.

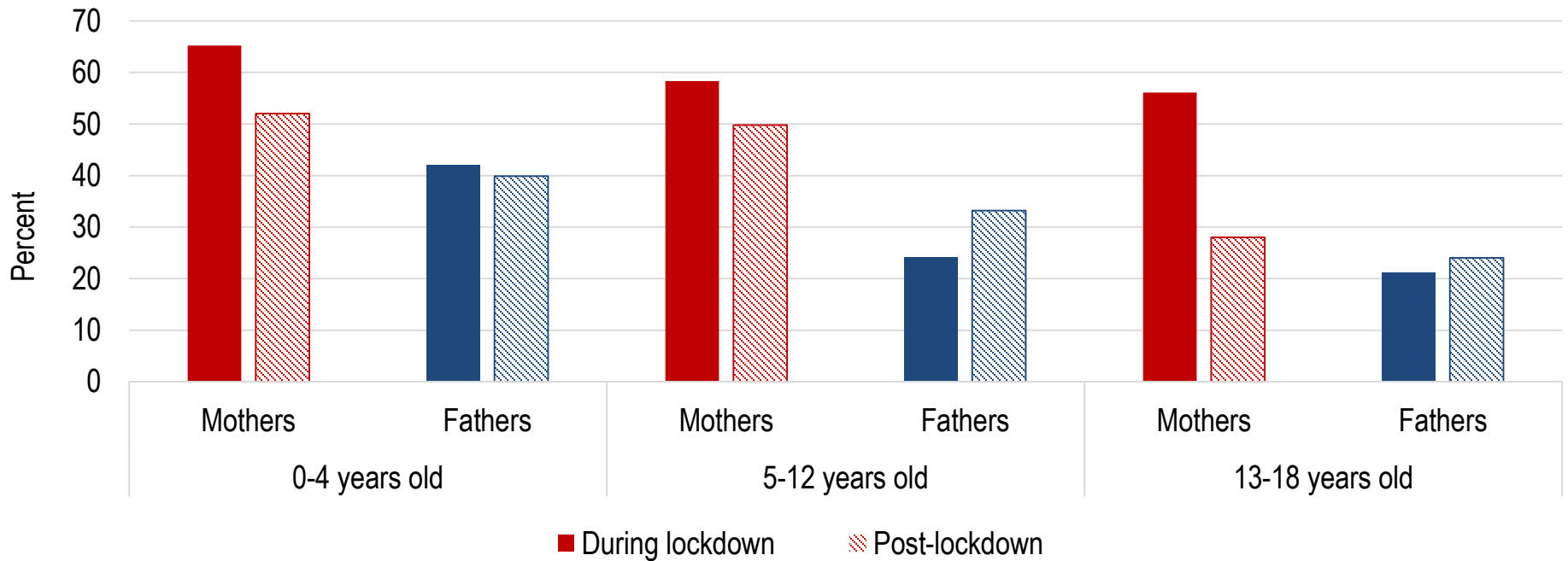
Working parents: not much change in perceived family time demands post-lockdown



Working parents: not much change in perceived work time demands post-lockdown



Despite little change in perceived time demands, work-family conflict declined post-lockdown for mothers



In their own words

The survey finished with an optional open field question:

Is there anything else you would like to tell us about your experiences of lockdown, positive or negative?

Of the 2,002 respondents, 894 (45%) gave a useable response.

Most common words used by New Zealanders to describe lockdown

Based on 894 responses, most common non-function words.



Experiences

Three broad categories of experiences during lockdown:

Generally positive



43%

Mixed +/- negative
and neutral



23%

Generally negative



34%

Family and time

“Great family bonding time”

“Lockdown has been good for our family - quality time”

“It’s been a good way to focus on what’s important in my life. Personally for me it’s been a good time for me to connect with my 2 year old and enjoy having time with my husband and parents. On the flip side it’s highlighted what I’ve missed due to working.”

“More quality time spent as a whānau. Routines still maintained. They miss their peers but appear generally happy.”

“I’ve enjoyed a holiday from work as I have never had longer than a week off. Could never afford it.”

Playing difficult hands

“Definitely finding it hard to help 3 kids all at different levels complete their school work, especially with a toddler running around”

“Very worried about loosing my job. And finding a another job during this time will probably be very difficult and stressful”

“Zero income in house. Frustration applying for support on internet. We give up. Winz suck. Really suck. It feels like their working life based on trying to find a reason to decline supporting people has left them as the worst place for the public to need to go to for support.”

Humour

“Stop using that bloody word ‘bubble’ God I hate that word to describe home. Hang whoever decided to use it.”

“My children are enjoying having me home, they have been like Pauas stuck to me the whole time, so I have been dropping hints and letting them know that I may be going back to work soon...”

“I enjoyed reading the questions regarding my wife. It gave us a laugh.”

“This is the closest I'm ever going to get to a zombie apocalypse, and it's all just so boring. This is not at all what I was expecting.”

Life in lockdown: The economic and social effect of lockdown during Alert Level 4 in New Zealand

Coronavirus: What can we learn from the last lockdown

Kate Prickett · 05:00, Aug 13 2020



Kate C. Prickett, Michael Fletcher, Simon Chapple, Nguyen Doan, and Conal Smith

Time, family, work – and bored zombies. New Zealanders open up about life in coronavirus lockdown

2020 7:31am AEST

iflterlock.com

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We all remember the lockdown, but not all our memories are the same. Some say they miss the tranquillity. Others don't miss being stuck at home at all – especially those with young children. Some found new ways of working. Others just lost work.

New Zealand's lockdown was ranked as one of the strictest in the world, and we wanted to find out how people felt about it. So we ran a "life under lockdown" survey in the third week of alert level 4 to examine general well-being, family resilience and employment.

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What People Said about Life under Lockdown

Abstract

The article discusses results from the IGPS/Roy McKenzie Centre Covid-19 lockdown survey, focusing on what people reported about their experiences of the level 4 lockdown, both positive and

The Institute for Governance and Policy Studies and the Roy McKenzie Centre for the Study of Families and Children, in conjunction with Colmar Brunton, collected a "Life under lockdown" survey looking at well-being, family life and work during the third week of alert level 4 lockdown. The survey finished with an optional open field question, limited to 280 characters (i.e., a Twitter-length



Institute for Governance and Policy Studies
A research institute of the School of Government



Roy McKenzie Centre
for the Study of Families and Children

The parenting myth revealed by lockdown

Unemployment doubled during lockdown, new study says

...e, it highlighted how much we rely on to enable work in the paid

Amber-Leigh Woolf · 12:30, Jun 24 2020



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